

Canadian Valley Conference

High School Track Meet

Date: Tuesday, April 21st, 2020

Place: Pauls Valley- Wacker Park

Time: Coaches Meeting 4:00 p.m. -- All events 4:30 p.m.

Awards: Medals to top 5 places, top 3 in relays – Team Champion Trophies???

Cost: Paid for by the conference

Teams may run more than three individuals but only three from each school can medal.

Field Events

Long Jump: Boys, Girls

High Jump: Girls, Boys

Shot: Boys, Girls

Disc: Girls, Boys

Pole Vault: Girls, Boys

LJ, SHOT, DISCUS 4 ATTEMPTS

Running Events, Timed Finals

Order (Girls, Boys)

400m Relay

3200m Relay

100m Hurdles

110m Hurdles

3200m Run (Boys)

800m Relay

800m Run

100m Dash

3200m Run (Girls)

400m Dash

300m Hurdles

200m Dash

1600m Run

1600m Relay

Field Events

Long Jump- Bridge Creek

High Jump- Washington

Shot- Lexington

Disc- Marlow

Pole Vault- Purcell

Heating Benches- Lindsay/ Davis

Please bring workers to help you run off your event. We will not have extra workers.