



CATOOSA TRACK CLASSIC

FRIDAY, APRIL 3RD, 2020

TO BE HELD AT THE MIKE MOBRA TRACK COMPLEX
MEET WILL START AT 9:30 A.M.



On behalf of the Catoosa Public School system, we would like to extend to you and your teams an invitation to participate in our Track Classic, Friday April 3rd, 2020. This will be a 5A and below track meet. The following will give you all the information you will need to attend our meet. All entries will be online on the ENDURO USA™ website. - - - www.endurousa.com

ATTENTION COACHES: the on-line Entry DEADLINE for our meet is April 2nd @ 6pm (Thursday).

All entries will be CLOSED at 6pm! - - - No late entries accepted. - - - Schools planning to attend must submit entries on the ENDURO USA™ website by completing **ALL the Steps** on our meet's "ENTRIES Window". If your team/school does not complete all the steps on our meet's "Entries Window", it means your students ARE NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. If you need assistance with your ENDURO USA™ account, email Kevin McWatters at: kevin@runenduro.com - - -

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute information that can affect the meet. To find our meet's PREVIEW window, login – then click on our meet in the "Student Meets & Events LIST" (on the right side of the window).

ENTRY FEE: \$100.00 per team.

There will be two divisions, Varsity Girls & Varsity Boys;

- - - No B teams will be allowed.

Make checks Payable to Catoosa High School Track .

TIME: All teams report to the Catoosa Football Field by 9:00 A.M. for the Coaches meeting, to be held in The Twist Center, just east of the track. Field Events will start at 9:30 A.M.; Running Events will start a 10:30 A.M. There will be Preliminaries and Finals in the Long Jump, Shot Put, and Discus, we will take 8 to the finals. NO PRELIMS IN THE RUNNING EVENTS, THIS WILL BE A TIMED FINALS TRACK MEET.

AWARDS & TEAM POINTS: Medals will be awarded to 1st - 3rd in all events. 1st place trophy in each division. Team points will be given 1st - 6 places: 10-8-6-4-2-1; Relays will be 20-16-12-8-4-2;

RULES & REGULATIONS: OSSAA Rules will apply; you must wear 1/4 spikes or smaller, (No needle spikes). Please do not use tape on the track or the runways of the Long Jump, High Jump, and Pole Vault.

CONTACTS: David Heath Head Boys Track or Hager McClain Head Girls Track
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COACHES MEETING: 9:00 A.M.

FIELD EVENTS:

9:30 A.M.

HIGH JUMP	BOYS (5-6)	GIRLS (4-4)
LONG JUMP	GIRLS (12')	BOYS (16')
SHOT	BOYS (30')	GIRLS (20')
DISCUS	GIRLS (60')	BOYS (80')
POLE VAULT	GIRLS (6')	BOYS (9'0)

RUNNING EVENTS:

10:00 A.M.

400 M RELAY	GIRLS - BOYS
3200 M RELAY	GIRLS - BOYS
100 M HURDLES	GIRLS
110 M HURDLES	BOYS
100 M DASH	GIRLS - BOYS
3200 M RUN	GIRLS
800 M RELAY	GIRLS - BOYS
3200 M RUN	BOYS

BREAK 30 MIN.

800 M RUN	GIRLS - BOYS
400 M DASH	GIRLS - BOYS
300 M HURDLES	GIRLS (30'') - BOYS (36'')
200 M DASH	GIRLS - BOYS
1600 M RUN	GIRLS - BOYS
1600 M RELAY	GIRLS - BOYS