Steve Hickman Invitational Track Meet Cherokee High School Classes 4A-A

Divisions:	HS Girls HS Boys	_		
Date/Time:	March 13 th , 2020	10:00 am Coaches Meeting 10:30 am Field Events 12:00 pm Running Events		
Facilities:	Track is a Full Pour Polyurethane System, BSS 1000 from Beynon Sports. Four runways to accommodate N, S, E, or W wing in LJ & PV. NW & SE discus cages, Two Shot Put rings with landing area. Large HJ apron.			
Timing:	FAT, FinishLynx Timing System			
Entry:	\$90 for each division. \$180 for boys & girls\$18 for individuals (4 or less).B teams allowed to compete for fee, however medal and score.			
Attention Coaches: All team entries must be completed online: <u>www.endurousa.com</u>				

Only team rosters will be needed. Races will be heated at the meet.

Online entries due March 12th at 6:00 pm

Entry Confirmation:

Please contact Bryce Schanbacher, schanbacherb@cherokee.k12.ok.us or by cell at (580) 351-8578 for confirmation. *We will contact all confirmations in the event of inclement weather.*

No set team limit, however, please confirm early to insure your teams spot. We may close off entries if there are a large number of entries. Your confirmation will insure your spot.

Mail Checks to:	Cherokee Public Schools	
	Attn: Track Entry	
	PO Box 325	
	Cherokee, Ok 73728	

Awards: Medals will be given to top 6 places in individual events and top 6 in relay events. Team awards for Champion and Runner-up.

Hospitality: Provided throughout the meet for all coaches in the Fieldhouse.

OSSAA RULES AND SCORING APPLY. SHORT SPIKES ONLY: 1/8" & ¼" PYRAMID SPIKES ONLY. NO CHRISTMAS TREE OR NEEDLE SPIKES ALLOWED.

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Schedule of Events

10:00 am Coaches Meeting in the Fieldhouse

10:30 am Field Events

Long Jump:	Boys, Girls
High Jump:	Girls, Boys
Pole Vault:	Girls, Boys
Shot Put:	Boys, Girls
Discus:	Girls, Boys

12:00 pm Running Events

400 Meter Relay	Girls, Boys
3200 Meter Relay	Girls, Boys
100 H. Hurdles	Girls
110 H. Hurdles	Boys
100 Meters	Girls, Boys
3200 Meters	Boys
800 Meter Relay	Girls, Boys (Final)
3200 Meters	Girls
200 Meters	Girls, Boys

- 45 Minute Break ó

400 Meter Relay	Girls, Boys
800 Meters	Girls, Boys
100 H. Hurdles	Girls
110 H. Hurdles	Boys
100 Meters	Girls, Boys
400 Meters	Girls, Boys
300 Meter Hurdles	Girls, Boys
200 Meters	Girls, Boys
1600 Meters	Girls, Boys
1600 Meter Relay	Girls, Boys