

## Yellowjacket Invitational

**Friday, March 27th, 2020 @ 10:00**

On behalf of the Choctaw/Nicoma Park Public Schools we would like to extend an invitation to participate in our track meet. Please e-mail to confirm that you are coming and to verify that there is room. This is a sanctioned meet, so OSSAA rules will apply.

**ATTENTION COACHES:** Submit entries by 6:00 pm, Thurs., Mar. 27th, 2020 at [www.endurosa.com](http://www.endurosa.com). If you need assistance with your ENDURO USA account, please email Kevin McWatters at: [kevin@runenduro.com](mailto:kevin@runenduro.com)

**Time Line:** 10:00 Coaches meeting in football fieldhouse  
10:30 All events running and field begin

### **General:**

- \* Limited to 15 teams.
- \* 4 event limit per athlete and school may enter 3 athletes per event
- \* Runners will be heated up north end of the football field
- \* Awards picked up at press box following the mile relay
- \* Medals awarded to top three placers
- \* Plaque awarded to Boys and Girls Team winner.
- \* Shot, disc, and long jump will get 3 attempts in the prelims. Top 8 will have 3 additional attempts in finals and top throw/jump will carry over to finals.
- \* There will be 2 divisions, Varsity boys and Varsity girls; \$90.00 for boys and \$90.00 for girls' teams.
- \* Please notify Jay Reaves at [jreaves@cnpsschools.org](mailto:jreaves@cnpsschools.org) and/or Mona Kelly [mkelly@cnpsschools.org](mailto:mkelly@cnpsschools.org) if you plan to attend.
- \* Please have all your athletes listed on [www.endurosa.com](http://www.endurosa.com) one day prior to meet.
- \* If you have any questions please call the AD office and ask for Brandie at 405-390-6120.

**Entry Fee:** \$90.00 per team & checks payable to: **Choctaw Athletics**

**Mail payment to:** Choctaw/Nicoma Park Public Schools  
Choctaw Athletics  
Attn: Mike Hessman  
14300 NE 10th  
Choctaw, OK 73020

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### **Schedule of Events**

10:00 Coaches Meeting  
10:30 Running and Field events

### **Field Events at 10:30**

High Jump	Boys-Girls
Long Jump	Girls-Boys
Discus	Girls-Boys
Shot	Boys-Girls
Pole Vault	Boys-Girls

### **Running Events 10:30**

4x100 Relay	Girls-Boys
4x800 Relay	Girls-Boys
100 Hurdles	Girls
110 Hurdles	Boys
3200 Run	Girls-Boys
4x200 Relay	Girls-Boys
800 Run	Girls-Boys
100 Dash	Girls-Boys
400 Dash	Girls-Boys
300 Hurdles	Girls-Boys
200 Dash	Girls-Boys
1600 Run	Girls-Boys
4x400 Relay	Girls-Boys