

**Clinton Public Schools**  
**Invitational Track & Field Meet**  
**Junior High (7th & 8th graders only - **NO FRESHMAN**)**  
**Saturday, April 18, 2020**

If you will be attending our meet, please confirm no later than April 1 to Cory Strahorn (405) 365-6263 (text is fine)

This is a timed finals meet. We have a 6 lane track. All times will be hand held.

**4 Divisions:**

7 grade Girls    7 grade Boys  
8 grade Girls    8 grade Boys

\$75.00 per boys team and \$75.00 per girls team  
If you are bringing all four teams, the cost is \$300.00  
\$50.00 (per B Team)  
\$10.00 per individual (up to 4)

Make checks payable to **Clinton Public Schools**  
Note - no refunds for rainout once the track meet has started

Trophy's awarded for each Boys & Girls Team Champions  
Medals will be awarded to the top 3 individual events & top 3 relays

**Relay batons will be sent to the new record holders of each event. Only one baton for each relay, not four.** Records are listed on the last two pages below.

Each contestant is limited to four (4) events, including relays.

Each school is limited to three (3) entrants in each event and one (1) team in each relay, unless you have paid for a B team.  
No points will be awarded for B teams.

9:30 am - Coaches Meeting in the Weight Room (located on the NW corner of the track)  
10:00 am - Field events (Shot Put and Discus are located on the west side of the football game field)  
10:30 am - Running events start

Lunch will be fed to the coaches & bus drivers

All OSSAA Rules will apply

Points will be awarded 10-8-6-4-2-1 and double for relays

Only 1/4" or less spikes will be allowed on running or jumping surfaces

Concession stand will be available

Restrooms for coaches and athletes are located on the north side of the football gamefield (or west side of the weight room).  
Please stay off of the football turfed gamefield.

Field events = three attempts in prelims, top 8 will advance to finals = three more attempts

**All busses please park in the parking lot north of the track**

Clinton High School  
2130 Gary Blvd.  
Clinton, OK 73601

## **RUNNING EVENTS**

400 METER RELAY

3200 METER RELAY

100 METER HURDLES

110 METER HURDLES

800 METER RELAY

800 METER RUN

100 METER DASH

400 METER DASH

300 METER HURDLES

200 METER DASH

1600 METER RUN

1600 METER RELAY

## **FIELD EVENTS**

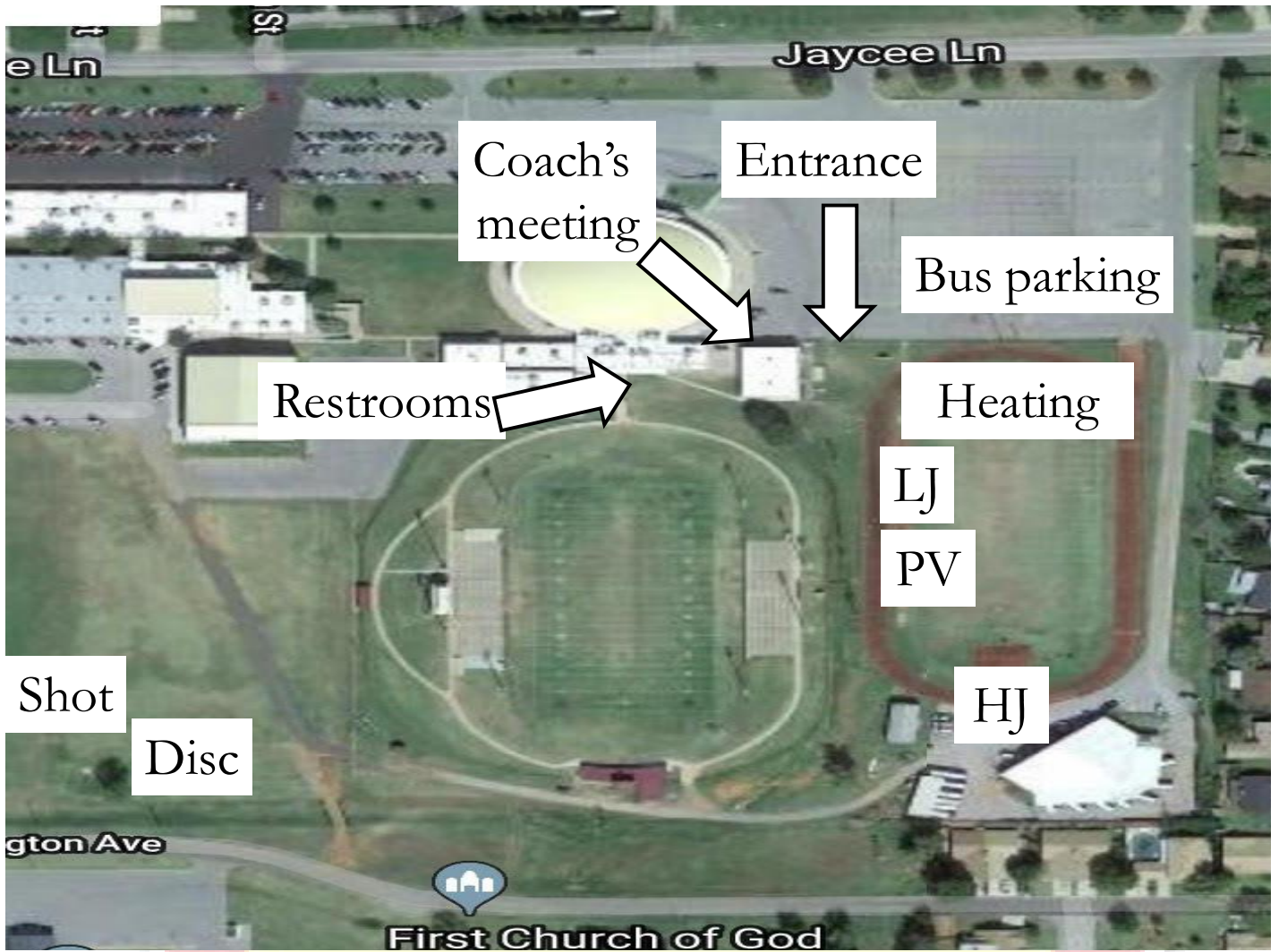
**SHOT PUT** 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> GIRLS, 7<sup>TH</sup> BOYS, 8<sup>TH</sup> BOYS

**DISCUS** 7<sup>TH</sup> BOYS, 8<sup>TH</sup> BOYS, 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> GIRLS

**LONG JUMP** 7<sup>TH</sup> BOYS, 8<sup>TH</sup> BOYS, 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> GIRLS

**HIGH JUMP** 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> GIRLS, 7<sup>TH</sup> BOYS, 8<sup>TH</sup> BOYS

**POLE VAULT** ALL GIRLS, ALL BOYS



# CLINTON INVITATIONAL RECORDS

## Girls

|  |          |      |                                       |         |      |
|--|----------|------|---------------------------------------|---------|------|
| <u>400 Relay</u><br>Weatherford        | 56.73    | 2018 | <u>1600</u><br>Hoffman - Weatherford  | 5:55.81 | 2018 |
| <u>3200 Relay</u><br>Weatherford       | 11:30.69 | 2018 | <u>1600 Relay</u><br>Weatherford      | 4:53.41 | 2018 |
| <u>100 Hurdles</u><br>Merrick – Sayre  | 17.19    | 2018 | <u>Shot Put</u><br>Kern - Minco       | 29' 8"  | 2018 |
| <u>800 Relay</u><br>Weatherford        | 2:03.75  | 2018 | <u>Discus</u><br>Meacham - Clinton    | 97' 4"  | 2019 |
| <u>800</u><br>Hoffman - Weatherford    | 2:35.59  | 2018 | <u>High Jump</u><br>Lee - Weatherford | 4' 6"   | 2018 |
| <u>100</u><br>Hayworth - Hobart        | 12.48    | 2018 | <u>Long Jump</u><br>Lee - Weatherford | 15' 4"  | 2018 |
| <u>400</u><br>Hoffman - Weatherford    | 1:07.18  | 2018 | <u>Pole Vault</u>                     |         |      |
| <u>300 Hurdles</u><br>Simmons - Hobart | 56.52    | 2018 |                                       |         |      |
| <u>200</u><br>Hayworth - Hobart        | 29.94    | 2018 |                                       |         |      |

# Boys

## 400 Relay

Elk City 49.97 2018

## 1600

Winters - Weatherford 5:21.45 2018

## 3200 Relay

Norman Whittier 10:09.80 2018

## 1600 Relay

Weatherford 4:10.52 2018

## 100 Hurdles

Scott - Merritt 16.48 2019

## Shot Put

Koranda - Whittier 40' 1" 2018

## 800 Relay

Weatherford 1:47.43 2018

## Discus

Wraspir - Clinton 113' 1" 2019

## 800

Herndon - Merritt 2:22 2019

## High Jump

Moulton - Whittier 5' 3" 2018

## 100

Thorp - Hydro 11.43 2018

## Long Jump

Green - Hydro 17' 1" 2018

## 400

Johnson - Weatherford 58.93 2018

## Pole Vault

## 300 Hurdles

Mayes - Sante Fe South 46.56 2018

## 200

Thorp - Hydro 26.16 2018