BulldöggerS

Dewey Athletic Department #1 Bulldogger Road Dewey, OK 74029

Track Coach: Dan Close (Ext. 224) Athletic Director: Travis Ruble (Ext. 240)

GREG THOMAS INVITATIONAL Bulldogger High School Track Meet

Tuesday, March 24, 2020 9:30 AM Coaches Mtg. – *Pole Vault starts 9:45*-Other events start at 10

. COACHES MEAL (with RSVP)

	(
Entry Fee:	\$75.00 (4 or more) per division, or \$10.00 per individual when less than 4.				
Time:	Coaches meeting at 9:30. Pole vault at 9:45. Other events start at 10:00.				
Divisions:	2 Divisions - <u>HS-Boys Division</u> and <u>HS-Girls Division</u> (4A and below).				
<u>Limitations:</u>	Each contestant is limited to four events including relays. Each team limited to three contestants per event, and one team per relay.				
Field Events:	Three throws in the shot and discus. Three jumps in the long jump.				
Awards:	Medals will be given to top three places, and plaques to the top two teams in each division.				
Points:	Individual events will be pointed 10-8-6-4-2-1. Relays will be pointed 20-16-12-8-4-2.				
Equipment:	You must provide your own equipment for field events. We will provide starting blocks. 1/4 inch spikes or shorter are required.				
Format:	Timed-finals format. *** All O.S.S.A.A rules will apply				
>>>>>>	·>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>				
	Phone (534-0933 x240 or x241) to guarantee meal & cancellation notice.				
School Name	Contact Name				
HS Boys Divi	ion Yes No Ph #				
HS Girls Divi	sion Yes No Fax #				
Total # of Co	ches				

Dewey High School Track Meet-March 24, 2020 **The Greg Thomas Invitational**

Order of Events

Field Events-3 Throws/Jumps. No qualifying distance--Everyone will get measured

High Jump		Girls
Long Jump **Due to a shared runway with the Pole Vault, Long Jump will begin after the Vaulting is completed.		Boys
Shot Put	Boys	Girls
Discus	Girls	Boys
Pole Vault **STARTS AT 9:45	Girls	Boys

Running Events

400 Meter Relay		Boys
3200 Meter Relay		Boys
100 Meter Hurdles		
110 Meter Hurdles		Boys
3200 Meter Run		
800 Meter Relay		Boys
800 Meter Run		Boys
100 Meter Dash		Boys

Lunch Break

3200 Meter Run		
400 Meter Dash		Boys
300 Meter Hurdles		Boys
200 Meter Dash		Boys
1600 Meter Run		Boys
1600 Meter Relay		Boys