BulldöggerS

Dewey Athletic Department #1 Bulldogger Road Dewey, OK 74029

Track Coach: Dan Close (Ext. 224) Athletic Director: Travis Ruble (Ext. 240)

GREG THOMAS INVITATIONAL Bulldogger Junior High Track Meet

Thursday, March 26, 2020 9:30AM Coaches Meeting-Events start at 10 AM

COACHES MEAL (with RSVP)

Entry Fee:	4 divisions @ \$75.00 per division or \$10.00 per individual when less than 4.			
<u>Time:</u>	Coaches meeting at 9:30 Pole Vault at 9:45 Field events and running events start at 10:00.			
<u>Divisions:</u>	Four Divisions- 7th Boys, 8th Boys, 7th Girls and 8th Girls. (4A and below).			
<u>Limitations:</u>	Each contestant is limited to four events including relays. Each team limited to three contestants per event, and one team per relay.			
<u>Field Events:</u>	Three throws in the shot and discus. Three jumps in the long jump.			
<u>Awards:</u>	Medals will be given to top three places, and plaques to the top two teams in each division			
Points:	Individual events will be pointed 10-8-6-4-2-1. Relays will be pointed 20-16-12-8-4-2.			
Equipment:	You must provide your own equipment for field events. We will provide starting blocks. 1/4 inch spikes or shorter are required.			
Format:	Timed-Finals. *** All O.S.S.A.A rules will apply			
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	Phone (534	-0933 x240) to	guarantee meal & cancellation notice.	
School Name			Contact Name	
MS Boys Div	ision Yes	No	Ph #	
MS Girls Div	ision Yes	No	Fax #	
Total # of Co	aches			

Field Events

High Jump - 7th Girls - 8th Girls - 7th Boys - 8th Boys

Long Jump - 7th Boys - 8th Boys - 7th Girls - 8th Girls

Shot Put - 7th Girls - 8th Girls - 7th Boys - 8th Boys

Discus - 7th Boys - 8th Boys - 7th Girls - 8th Girls

Pole Vault - Boys - Girls

Running Events

3200 Relay - 7th Girls - 8th Girls - 7th Boys - 8th Boys

100 Meter Hurdles - 7th Girls - 8th Girls

110 Hurdles - 7th Boys - 8th Boys

400 Meter Relay - 7th Girls - 8th Girls - 7th Boys - 8th Boys

800 Meter Run - 7th Girls - 8th Girls - 7th Boys - 8th Boys

800 Meter Relay - 7th Girls - 8th Girls - 7th Boys - 8th Boys

100 Meters - 7th Girls - 8th Girls - 7th Boys - 8th Boys

400 Meters - 7th Girls - 8th Girls - 7th Boys - 8th Boys

300 Meter Hurdles - 7th Girls - 8th Girls - 7th Boys - 8th Boys

200 Meters - 7th Girls - 8th Girls - 7th Boys - 8th Boys

1600 Meter Relay - 7th Girls - 8th Girls - 7the Boys - 8th Boys