

# Dickson Comet Relays 2020 Tuesday, March 10, 2020

This meet is 3A down meet. If you plan on attending, please respond by email to wbutler@dickson.k12.ok.us or sday@dickson.k12.ok.us

Coaches Meeting: 8:30 A.M. in the weight room.

Field Events: 9:00 A.M. Running Events: 9:30 A.M.

**Divisions:** High School Girls, High School Boys

Awards: Medals will be given to the top five placers

**Field Events:** Each competitor will have 3 preliminary attempts, the top 8 will qualify for the finals and receive 3 additional throws.

**Heating:** The heating benches will be on the north end of the field.

**Concessions/Admission:** No ice chest please there will be a full concession available and a hospitality room for the coaches. Admission will be charged to all the spectators.

**Parking:** Bus parking will be in front of the gym . Please pull in straight or back your bus in.

**Entry Fee:** \$95 per Division or \$180 for both girls and boys, \$25 for and Individual (4 or less athletes)

**To Enter:** Please confirm your entry by email.

## Please make checks payable to Dickson Track

Mail to: Warren Butler Inclement Weather

4762 OK-199 Warren Butler - Head Track 580-465-3787 Ardmore, OK 73401 Steve Day - Athletic Director 405-623-1303

# **ORDER OF EVENTS**

8:30 Coaches 9:00 Starting Time

#### **Field Events**

9:00 A.M. Girls High Jump

Boys Long Jump Boys Shot Put Girls Discus Boys Pole Vault

10:30 Boys High Jump

Girls Long Jump Girls Shot Put Boys Disc Girls Pole Vault

## **Running Events**

9:30 3200 M Run - Girls, Boys

4x100 Relay - Girls, Boys 4x800 Relay - Girls, Boys 100 Hurdles 33" - Girls 110 H Hurdles 39" - Boys 4x200 Relay - Girls, Boys 800 M Run - Girls, Boys 100M Dash - Girls, Boys

Fat Mans Relay

400M Dash - Girls, Boys

300 M Lows - Girls

300M Intermediate Hurdles - Boys

200M Dash - Girls, Boys 1600 M Run - Girls, Boys 4x400 M Relay - Girls, Boys

We will have a fat mans relay (must throw the shot or disc) that will have to have at least 1 girl athlete on the team to compete for a meal from the concession stand for the winners.