



## Dickson Comet Middle School Relays 2020

Monday, March 30, 2020

This meet is a 12 team limit. If you plan on attending, please respond by email to [wbutler@dickson.k12.ok.us](mailto:wbutler@dickson.k12.ok.us) or [sday@dickson.k12.ok.us](mailto:sday@dickson.k12.ok.us)

**Coaches Meeting:** 3:30 P.M. in the weight room.

**Field Events:** 3:50 P.M. Running Events: 4:05 P.M.

**Divisions:** 6, 7&8 Girls, 6, 7&8 Boys 4 divisions total 3 athletes per event Awards: Medals will be given to the top three places Field Events: Each competitor will have 4 attempts all finals.

**Heating:** The heating benches will be on the north end of the field. Concessions/Admission: No ice chest please there there will be a full concession available and a hospitality room for the coaches. Admission will be charged to all the spectators.

**Parking:** Bus parking will be in front of the gym. Please pull in straight or back your bus in.

**Entry Fee:** \$65 per Division or \$130 for both girls and boys, \$20 for and Individual (5 or less athletes) If you have a B team if the meet is not full at the time of entry you may pay for an extra team. To Enter: Please confirm your entry by email.

**Please make checks payable to *Dickson Track***

**Inclement Weather call**

**Warren Butler** - Head Track 580-465-3787 Ardmore, OK 73401

**Steve Day** - Athletic Director 405-623-1303 ORDER OF EVENTS 3:30 P.M.

**Coaches 3:50 P.M. Starting Time Field Events 3:50 P.M.**

**3:50 P.M.**

6 , 7&8 Girls High Jump  
7&8, 6 Boys Long Jump  
6, 7&8 Boys Shot Put  
7&8, 6 Girls Discus  
7&8 Boys Pole Vault

**5:30 P.M.**

6, 7&8 Boys High Jump  
7&8, 6 Girls Long Jump  
6, 7&8 Girls Shot Put  
7&8, 6 Boys Disc  
7&8 Girls Pole Vault

**Running Events 4:05 P.M.**

3200 M Run - 7&8 Girls, 7&8Boys  
4x100 Relay - Girls, Boys  
4x800 Relay - 7&8 Girls, 7&8 Boys  
100 Hurdles 33" - Girls  
110 H Hurdles 39" - Boys  
4x200 Relay - Girls, Boys  
800 M Run - Girls, Boys  
100 M Dash - Girls, Boys  
Fat Mans Relay  
400 M Dash - Girls, Boys  
300 M Lows - Girls  
300 M Intermediate Hurdles -  
Boys 200 M Dash - Girls, Boys  
1600 M Run - Girls, Boys  
4x400 M Relay - Girls, Boys