

# **Edmond Memorial High School**

## **JV/9 Invitational**

**Tuesday March 31, 2020**

Let me take the time to invite you to the 1<sup>st</sup> annual Edmond Memorial High School JV/ Invitational Meet at our Brand new Facility!

### **Entry:**

- Entries will be completed online through Enduro Entries.
  - Three athletes per event and athletes can only be entered in 4 events.
- We are going to limit this meet to 16 Teams.

**Entry Fee:** \$90 per team / \$180 for BOTH (girls and boys teams)

**Awards:** will be given to 1<sup>st</sup> through 3<sup>rd</sup> place only. Maximum 16 combined boys' and girls' teams. Field events will be given 15 min warmup followed by 3 attempts top 8 will go to finals for 3 more attempts. Heating will take place at the coaches meeting. OSSAA Rules Apply.

**Please Contact:** Chris Lowery at [chris.lowery@edmondschools.net](mailto:chris.lowery@edmondschools.net) or Tyler Sergent at [tyler.sergent@edmondschools.net](mailto:tyler.sergent@edmondschools.net)

**Coaches Meeting:** 10:00AM in track fieldhouse weight room (South East Corner of Track)

## **Order of Events**

### **Running Start: 10:30am**

**400 Meter Relay Girls Boys**  
**3200 Meter Relay Girls Boys**  
**100 Meter Hurdles 33” Girls**  
**110 Meter Hurdles 39” Boys**  
**3200 Meter Run Boys**  
**800 Meter Relay Girls Boys**  
**800 Meter Run Girls Boys**  
**100 Meter Dash Girls Boys**  
**3200 Meter Run Girls**  
**400 Meter Dash Girls Boys**  
**300 Meter Hurdles 30” Girls**  
**300 Meter Hurdles 36” Boys**  
**200 Meter Dash Girls Boys**  
**1600 Meter Run Girls Boys**  
**1600 Meter Relay Girls Boys**

### **Field Events Start: 10:30am**

**Shot Put: Girls- Boys**  
**Discus: Boys- Girls**  
**Long Jump: Boys- Girls**  
**High Jump: Girls- Boys**  
**Pole Vault: Girls-Boy**