

GLENPOOL INVITATIONAL TRACK MEET
HIGH SCHOOL
March 13th, 2020

On behalf of the Glenpool Public School System, we extend to you and your teams a sincere invitation to participate in our high school boys and girls track and field meet. **This will be an “Invitation Only” meet.** (You must have the “**Invitation Code**” to enter.) All entries will be online on ENDURO USA™. - - - www.endurousa.com (see below)

ENTRY FEE: \$90.00 for each boys and girls teams. \$45 for each B team, boys and girls. \$10.00 per individual if less the four (4) members on a team.

TIME: All teams report to Glenpool Football Field by 8:30 a.m. for coaches meeting.
Field events will begin at 9:00 a.m. - - - Timed finals in running events begin at 9:30 a.m.

DIVISIONS: There will be two (2) divisions: HS boys and HS girls .

LIMITATIONS: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Shot and Discus will have four (4) attempts, and four (4) jumps in long jump.

MEDALS: Awarded to 1st, 2nd, and 3rd places in all events.

PLAQUES: Awarded to 1st and 2nd place teams.

TEAM POINTS: Awarded to 1st thru 6th places (10-8-6-4-2-1) in individual events, and in relays (20-16-12-8-4-2).

EQUIPMENT: Glenpool will furnish all starting blocks. 3/16" or shorter spikes are required.

There will be a coaches feed at the break. We hope that you and your teams can be with us for this track meet. - - - OSSAA RULES APPLY for this meet.

Invitation Code: If you plan to attend, you must do the following to get your “Invitation Code”:
- You must notify Ted Smith at: TSSMITH@glenpoolps.org -or- (918) 322-9500 ext. 825.

ONLINE ENTRIES: the **Entry DEADLINE** for our meet is **March 12TH @ 6pm (Monday)**.
All entries will be CLOSED at 6pm! No late entries accepted. ALL of the steps on our meet’s “Entries Window” must be completed – including the **VERIFICATION** Step. If your team/school does not complete ALL steps on our meet’s “Entries Window” (including the VERIFICATION Step), it means your students are NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet. NO exceptions. - - - If you need assistance with your ENDURO USA™ account, email Kevin McWatters at: kevin@runenduro.com

PREVIEW window: Immediately before you depart for our meet, please view our meet’s PREVIEW window for any last-minute changes that affect the meet. To find our meet’s PREVIEW window, log into your ENDURO USA™ account – then click on our meet in the “Student Meets and Events LIST”, on the right side of the window. Or, click on our meet from your “Main Roster” window (boys or girls).

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ENTRY FORM

SCHOOL _____ Phone _____

COACH _____

TEAMS(Check the ones you will have)

HS Boys _____ HS Girls _____

Make Check payable to Glenpool Schools.

\$90.00 per team or \$10.00 per individual, if less than 4 members on a team.

Amount paid _____

PLEASE MAIL TO KATHY TYREE

GLENPOOL SCHOOLS

PO BOX 1149

GLENPOOL, OK 74033

ORDER OF EVENTS

9:30am

400 METER RELAY	GIRLS	BOYS
3200 METER RELAY	GIRLS	BOYS
100 M HURDLES	GIRLS 33"	
110 M HURDLES		BOYS
3200 METER RUN		BOYS
800 METER RELAY	GIRLS	BOYS
800 METER RUN	GIRLS	BOYS
100 METER DASH	GIRLS	BOYS
<i><u>Proposed Break</u></i>		
3200 METER RUN	GIRLS	
400 METER DASH	GIRLS	BOYS
300 METER LH	GIRLS 30"	
300 METER IH		BOYS
200 METER DASH	GIRLS	BOYS
1600 METER RUN	GIRLS	BOYS
1600 METER RELAY	GIRLS	BOYS

9:00 am

FIELD EVENTS

POLE VAULT	GIRLS	BOYS
HIGH JUMP	BOYS	GIRLS
LONG JUMP	GIRLS	BOYS
SHOT PUT	BOYS	GIRLS
DISCUS	GIRLS	BOYS