

# GLENPOOL J.H. INVITATIONAL TRACK MEET

## 7<sup>TH</sup> and 8<sup>TH</sup> grade

### March 26th, 2020

On behalf of the Glenpool Public School System, we extend to you and your teams a sincere invitation to participate in our Junior High boys and girls Track & Field meet. All entries will be on the ENDURO USA™ website. [www.endurousa.com](http://www.endurousa.com)  
The following will give you the information for our meet.

**ENTRY FEE:** \$75.00 for each boys and girls team. \$20.00 per individual if less than four (4) members on a team. B teams are welcome.

**TIME:** All teams report to the Glenpool football field by 8:30 a.m. for coaches meeting. Field events will begin at 9:00 a.m. and timed finals in running events at 9:30 a.m.

**DIVISIONS:** There will be four divisions 7<sup>th</sup> and 8<sup>th</sup> boys and 7<sup>th</sup> and 8<sup>th</sup> girls.

**LIMITATIONS:** Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Four (4) throws will be given in the shot and discus, and four (4) jumps in the long jump. There will be a girls pole vault in all divisions.

**MEDALS:** Awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in all events.

**PLAQUES:** Awarded to 1<sup>st</sup> and 2<sup>nd</sup> place teams.

**TEAM POINTS:** Awarded to 1<sup>st</sup> thru 6<sup>th</sup> places (10-8-6-5-2-1) in individual events and in relays (20-16-12-8-4-2).

**EQUIPMENT:** Glenpool will furnish all starting blocks to contestants. 3/16" or shorter spikes are required.

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**ONLINE ENTRIES:** the **Entry DEADLINE** for our meet is **March 25<sup>TH</sup> @ 6pm (Wednesday)**. **All entries will be CLOSED at 6pm! No late entries accepted.** ALL of the steps on our meet's "Entries Window" must be completed – including the **VERIFICATION** Step. If your team/school does not complete ALL steps on our meet's "Entries Window" (**including the VERIFICATION Step**), it means your students are NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet. NO exceptions. - - - If you need assistance with your ENDURO USA™ account, email Kevin McWatters at: [kevin@runenduro.com](mailto:kevin@runenduro.com)

**PREVIEW window:** Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute changes that affect the meet. To find our meet's PREVIEW window, log into your ENDURO USA™ account – then click on our meet in the "Student Meets and Events LIST", on the right side of the window. Or, click on our meet from your "Main Roster" window (boys or girls).

## **Glenpool Junior High Track Meet**

March 26th, 2020

Order Of Events

### **Field Events**

9:00 a.m.	High Jump	7G-8G-7B-8B
	Long Jump	8B-7B-8G-7G
	Shot	7B-8B-7G-8G
	Discus	7G-8G-7B-8B
	Pole Vault	7G-7B-8G-8B

### **Time Finals**

9:30	400 Relay	7G-8G-7B-8B
	3200 Relay	7G-8G-7B-8B
	100 Hurdles	7G-8G
	110 Hurdles	7B-8B
	800 Relay	7G-8G-7B-8B
	800 Run	7G-8G-7B-8B
	100 Dash	7G-8G-7B-8B

### **Proposed Break**

	400 Dash	7G-8G-7B-8B
	300 Hurdles	7G-8G-7B-8B
	200 Dash	7G-8G-7B-8B
	1600 Run	7G-8G-7B-8B
	1600 Relay	7G-8G-7B-8B

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March 26th, 2020

ENTRY FORM

SCHOOL \_\_\_\_\_ Phone \_\_\_\_\_

COACH \_\_\_\_\_

TEAMS(Check the ones you will have)

7<sup>th</sup> Boys \_\_\_\_\_ 7th Girls \_\_\_\_\_

8<sup>th</sup> Boys \_\_\_\_\_ 8th Girls \_\_\_\_\_

\$75.00 per team or \$20.00 per individual, if less than 4 members on a team.

Amount paid \_\_\_\_\_

PLEASE MAIL TO KATHY TYREE  
GLENPOOL SCHOOLS  
PO BOX 1149  
GLENPOOL, OK 74033

