

HK TRACK

Henryetta Middle School

Henryetta, OK

DEAR COACH(ES):

Henryetta Middle School will be hosting our Annual Henryetta Middle School Relays Meet, March 24th, 2020.

The meet is now open to all schools, but we will only be accepting the first 15 teams that RSVP. Please RSVP to Henryetta Public Schools by phone: 918-652-6580, email: tgillispie@henryetta.k12.ok.us or fax: 918-652-6506 or mail: Henryetta Public Schools, 1800 Troy Aikman Drive, Henryetta, OK 74437, Attn: Tim Gillispie.

We will medal 1st, 2nd and 3rd in all events including relays and award a championship trophy for the winning girl's and boy's team. There will be a 7th grade division and an 8th grade division.

Entry fees are \$80.00 per team.

Yes, we would like to attend _____

Boys Team _____ Girls Team _____

No, we will not be attending _____

School _____ Phone _____

Coach(es) _____ Phone _____

Email for confirmation _____

Coach Gillispie, Head Track Coach (918) 906-7783

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Middle School Relays Meet

ORDER OF EVENTS

Coaches Meeting – 9:00

Field Events – 9:30

Running Events 10:00

7th & 8th Grade Divisions

400 Meter Relay	Girls – Boys (7,8)
3200 Meter Relay	Girls – Boys (7,8)
Mid Distance Medley	Girls (400-200-600-800) (7,8)
800 Meter Relay	Girls – Boys (7,8)
BREAK	
Mid Distance Medley	Boys (400-200-600-800) (7,8)
Sprint Medley	Girls – Boys (200-200-400-800) (7,8)
1600 Meter Relay	Girls – Boys (7,8)

FIELD EVENT ORDER

Shot Put	Girls – Boys (7,8)
Discus	Boys – Girls (7,8)
High Jump	Boys – Girls (7,8)
Long Jump	Girls – Boys (7,8)
Pole Vault	Boys – Girls (7,8)

****ALL EVENTS ARE TIMED FINALS****