

# HK TRACK

## Henryetta High School

Henryetta, OK

DEAR COACH(ES):

Henryetta High School will be holding our Annual Henryetta Black Gold Relays, April 3<sup>rd</sup>, 2020.

The meet is now open to all schools, but we will only be accepting the first 15 teams that RSVP. Please RSVP to Henryetta Public Schools by phone: 918-652-6580, email: [tgillispie@henryetta.k12.ok.us](mailto:tgillispie@henryetta.k12.ok.us) or fax: 918-652-6506 or mail: Henryetta Public Schools, 1800 Troy Aikman Drive, Henryetta, OK 74437, Attn: Tim Gillispie.

We will medal 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in all events including relays and award a championship trophy for the winning girl's and boy's team.

Entry fees are \$90.00 per team.

Yes, we would like to attend \_\_\_\_\_

Boys Team \_\_\_\_\_ Girls Team \_\_\_\_\_

No, we will not be attending \_\_\_\_\_

School \_\_\_\_\_ Phone \_\_\_\_\_

Coach(es) \_\_\_\_\_ Phone \_\_\_\_\_

Email for confirmation \_\_\_\_\_

Coach Gillispie, Head Track Coach (918) 906-7783

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## BLACK GOLD RELAYS

### ORDER OF EVENTS

Coaches Meeting – 9:00

Field Events – 9:30

Running Events 10:00

400 Meter Relay	Girls – Boys
3200 Meter Relay	Girls – Boys
Distance Medley	Girls (1200-400-800-1600)
800 Meter Relay	Girls – Boys
BREAK	
Distance Medley	Boys (1200-400-800-1600)
Sprint Medley	Girls – Boys (200-200-400-800)
1500 Meter Run	Girls – Boys
1600 Meter Relay	Girls – Boys

### FIELD EVENT ORDER

Shot Put	Girls – Boys
Discus	Boys – Girls
High Jump	Boys – Girls
Long Jump	Girls – Boys
Pole Vault	Boys – Girls

**\*\*ALL EVENTS ARE TIMED FINALS\*\***