



## 2020 Hilldale Hornet HS Track Meet

On behalf of the Hilldale Public Schools, we extend to you and your team an invitation to participate in our High School track and field meets. Track meet will be held on Tuesday April 7<sup>th</sup>, 2020. If you have any questions contact Coach Ragland 918-869-2123.

**ENTRY FEE:** \$90 each for High School Boys and Girls Teams. (\$180 for both) \$15 per individual, if less than 4 team members

Make checks payable to: HILLDALE HIGH SCHOOL

Coaches please confirm by March 23<sup>rd</sup>, 2020 to ensure we have enough food to feed your coaching staff.

**AWARDS:** 1<sup>st</sup> Place plaques for both Boys and Girls divisions.  
Medals for top 3 finishers in each event, including relays.

**TIME:** COACHES MEETING AND MEAL WILL BE AT 10:00 AM  
ALL EVENTS WILL START AT 10:30

**LIMITATIONS:** Each contestant is limited to 4 events, including relays. Each school is limited to three contestants in each event.

**TEAM POINTS:** Awarded to top 6 individual places (10-8-6-4-2-1)  
Relay (20-16-12-8-4-2)

## Hilldale HS Track Meet Order of Events

### Running Events Begin at 10:30

400 Relay	Girls, Boys
3200m Relay	Girls, Boys
100m Hurdles	Girls
110m Hurdles	Boys
3200m Run	Boys
800m Relay	Girls, Boys
800m Run	Girls, Boys
100m Dash	Girls, Boys
3200m Run	Girls
400m Dash	Girls, Boys
300m Hurdles	Girls, Boys
200m Dash	Girls, Boys
1600m Run	Girls, Boys
1600m Relay	Girls, Boys

### Field Events Begin at 10:30

High Jump	Girls, Boys
Long Jump	Boys, Girls
Discus	Girls, Boys
Shot	Boys, Girls

\*We will not have Pole Vault.