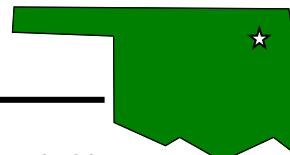




Inola Middle School



P.O. Box 819 803 East Commercial Inola, OK 74036-0819 FAX 918-543-6268

Jeff Unrau- Middle School Principal

Patrick Mullen- Assistant Principal

Kim Mizera

Secretary

543-2434

Amanda Bullard

Secretary

543-3105

Jamee Combs

Counselor

543-3103

INVOICE

Inola 5th/6th Grade Track Meet

Wednesday, April 15, 2020

Time:

Coaches meeting - 9 am;

Field events - 9:30 am; Running events - 10 am

Divisions:

5th Girls, 6th Girls, 5th Boys, 6th Boys (All Timed Finals)

Medals:

1st through 5th place on individual events.

Relays – 1st through 3rd place. (No team trophies but points will be kept.)

Entry Fee:

\$80.00 per Team

Please mail entry prior to the meet OR BRING THE DAY OF THE MEET. No refunds.

Please make checks payable to:

Inola Public Schools

P.O. Box 819

Inola, OK 74036

Attention: Coach Andrews

Limitations:

Each school is limited to one (1) relay team per event.

Each school is limited to three (3) competitors per event.

Each contestant is limited to four (4) events, including relays & field events.

Starting blocks will be provided for all contestants.

¼” spikes or shorter are required.

NO team camps on the infield please.

Concessions will be available.

No Lunch Break: Coaches will be given a ticket for the concession.

**OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY
Coach Travis Bryant – 918-520-4809 * Coach Kanella Andrews – 918-636-2444**

Inola 5th/6th Grade Track Meet



Order of Events;

Coaches Meeting 9 am

Running Events; – Begin at 10 am

1. 200 M Dash
2. 1600 M Run
3. 4 x 100 Relay
4. 400 M Dash
5. 100/110 M Hurdles
6. 800 M Run
7. 100 M Dash
8. 4 x 400 Relay

Field Events; – Begin at 9:30 am

High Jump: 6g 6b 5g 5b

Shot Put: 5b 6g 6b 5g (6 lb)

Discus: 6b,5g,5b,6g