

Kingfisher Public Schools would like to invite you to the 10th Annual Kingfisher High School (9-12) & Middle School (7-8) Inv Track & Field Meet on **Friday, April 10, 2020**

ATTENTION: Coaches must submit your entries on [www.enduroussa.com](http://www.enduroussa.com). **Complete ALL Steps - - - including the "Verification Step"**. **No Late Entries accepted. - - - NO EXCEPTIONS!**

**DEADLINE FOR ALL ENTRIES: THURSDAY, APRIL 9th - - - 6:00PM**

**Entry Fee:** \$95.00 (per HS boys team) and \$95.00 (per HS girls team) (\$190.00 total)

\$85.00 (per MS boys team) and \$85.00 (per MS girls team) (\$170.00 total)

\$50.00 (per B Team)

\$15.00 per individual (up to 4)

**\*\*Make checks payable to Kingfisher Track & Field\*\***

**\*\*\*note\*\*\* no refunds for rainout once meet has started**

**4 Divisions:** (1) High School Boys & (1) High School Girls **\*\*FRESHMEN MUST RUN WITH HIGH SCHOOL\*\***

(1) Middle School Boys (7-8) & (1) Middle School Girls (7-8) **\*NO FRESHMEN WITH MIDDLE SCHOOL\***

**Timing:** We will be using Enduro Timing system

**\*\*THIS IS A TIMED FINALS MEET\*\***

**Medals:** Plaques awarded for each HS/MS Boys & HS/MS Girls Team **Champions**

Custom medals awarded to the top **3** individual events & top **3** relays

**Entrants:** Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay.

**Schedule:** 9:00 am - Coaches Meeting **\*\*Track Barn\*\* \*Breakfast & coffee provided\***

9:30 am - Field events **\*Shot Put West side of track\* \*Discus, across street to NW, use trail\***

10:00 am - Running events **\*\*\*\*We will feed coaches & bus drivers lunch\*\*\*\***

**Rules:** All OSSAA Rules will apply

Points will be awarded 10-8-6-4-2-1 and double for relays

Only 1/4" or less spikes will be allowed on running or jumping surfaces

Coaches & athletes only allowed on infield

Concession stand and hamburgers available in southwest corner of track complex

**Field events = three attempts in prelims, top 8 will advance to finals = three more attempts**

**Parking:** **WEATHER PERMITTING, BUSES MAY PARK ON THE GRASS ON THE SOUTH SIDE OF TRACK**

**Contact:** Micah Nall Email: [mnull@kingfisher.k12.ok.us](mailto:mnull@kingfisher.k12.ok.us) Cell 405-315-6876

**PLEASE Confirm by E-Mail or Cell by Monday, April 6th**

**Kingfisher High School**

**1500 S. 13th St Kingfisher, OK 73750**

# KINGFISHER YELLOWJACKET TRACK & FIELD HIGH SCHOOL & MIDDLE SCHOOL INVITATIONAL

## ORDER OF EVENTS

Coaches Meeting at 9:00

**\*\*START AT 9:30**

**\*\*3200 M. Run**

**MSG - MSB\*\***

### Running Events Start at 10:00 AM

**400 M. RELAY** MSG - HSG - MSB - HSB

**3200 M. RELAY** MSG - HSG - MSB - HSB

**100 M. Hurdles** MSG (30") HSG (33")

**110 M. Hurdles** MSB (33") HSB (39")

**3200 M. Run** HSG - HSB

**800 M. RELAY** MSG - HSG - MSB - HSB

**800 M. Run** MSG - HSG - MSB - HSB

**100 M. Dash** MSG - HSG - MSB - HSB

**400 M. Run** MSG - HSG - MSB - HSB

**300 M. Hurdles** MSG - HSG - MSB - HSB

**200 M. Dash** MSG - HSG - MSB - HSB

**1600 M. Run** MSG - HSG - MSB - HSB

**1600 M. RELAY** MSG - HSG - MSB - HSB

### Field Events Start at 9:30 AM

**Shot Put** MSB - MSG - HSB - HSG

**Discus** HSB - HSG - MSG - MSB

**Long Jump** MSB - MSG - HSB - HSG

**High Jump** MSG - MSB - HSG - HSB

**Pole Vault** HSG - HSB - MSG - MSB