



LAWTON High School

Lawton Public Schools would like to extend an invitation to the Lawton High School Invitational Track Meet on Thursday, April 23, 2020.

Coaches Meeting:	9:00 AM
Field Events:	9:30 AM
Running Events:	10:00 AM
Scoring:	Individual Events 10, 8, 6, 4, 2, 1 and relays 20, 16, 12, 8, 4, 2
Awards:	Team trophies for Boys and Girls Champion and Runner-Up. Individual Medals for 1 st – 3 rd . Relay Medals for 1 st – 3 rd .
Entry Fee:	\$80 per team/\$150 if you bring both boys and girls. \$10 per individual entry if less than 4. JV is free if you bring your varsity. JV teams must be listed as “B” teams.
Facilities:	Concessions available. Hospitality and Lunch provided for coaches

Attention Coaches: ***All entries will be entered online, on the ENDURO USA website. www.endurousa.com. You must complete ALL the steps on our meet’s “ENTRIES Window” – including the “VERIFICATION” step. If your team/school does not complete ALL STEPS – including the “VERIFICATION” step – then you have not completed the process to enter. Schools/Teams will NOT be entered manually by our timing crew at the meet. If you need assistance with your ENDURO USA account, contact Kevin McWatters at kevin@runenduro.com
Deadline for entry is Wednesday, April 22nd at 6:00 pm. **NO LATE ENTRIES WILL BE ACCEPTED**

PREVIEW window: Immediately before departing for our meet, please view our meet’s PREVIEW window for last minute changes that could affect the meet. To find our **PREVIEW window**, click on our meet (on the right side of the window) after logging into your ENDURO USA™ account.

If you plan to attend this meet or if you have any questions please contact Ryan Breeze (580) 678-2575 rbreeze@lawtonps.org or Amber Bain (580) 741-0035 ajbain@lawtonps.org.

Please mail checks to: Lawton High School
Attn: Ryan Breeze
601 NW Fort Sill Blvd
Lawton, OK 73507



LAWTON

High School

9:00 AM Coaches Meeting

9:30 AM Field Events:

High Jump	Boys/Girls
Long Jump	Girls/Boys
Shot Put	Girls/Boys
Discus	Boys/Girls
Pole Vault	Boys/Girls

10:00 AM Running Events

400 Meter Relay
3200 Meter Relay
100 Meter Hurdles
110 Meter Hurdles
3200 Meter Run
800 Meter Relay

Break

800 Meter Run
100 Meter Dash
400 Meter Run
300 Hurdles
200 Meter Dash
1600 Meter Run
Field Event Relay
1600 Meter Relay