



## MARLOW HIGH SCHOOL TRACK INVITATIONAL

HS Boys/Girls Division    JH Boys/Girls Division  
(4 Divisions Total)

On behalf of Marlow Public Schools, we would like to extend to you and your track teams an invitation to attend our HS/JH track meet on **Saturday April 18th starting at 9:00a.m.**

**Each School / team must verify if you are planning to attend. - - -**

**Please e-mail us at: [bwortham@marlow.k12.ok.us](mailto:bwortham@marlow.k12.ok.us) -or- [bmiller@marlow.k12.ok.us](mailto:bmiller@marlow.k12.ok.us)  
or call: 580-401-0453 -or- Brian Miller at 580 641-0238**

All entries will be online, on the ENDURO USA™ website. --- **www.endurousa.com**

Our on-line Entry DEADLINE is **Friday, April 17th @ 6pm.** All entries will be CLOSED at 6pm!

**No late entries accepted.** - You must complete ALL the steps on our meet's "**ENTRIES Window**" – including the "**VERIFICATION**" step. If your team/school does not complete ALL Steps - including the "**VERIFICATION**" step – then **you have not completed the process to enter.** Schools/Teams can NOT be entered manually by our timing crew at the meet. - **NO exceptions this year.** If you need assistance with your ENDURO USA™ account contact Kevin McWatters at: **kevin@runenduro.com**

**PREVIEW window:** Immediately before departing for our meet, please view our meet's PREVIEW window for last minute changes that effect the meet. To find our **PREVIEW window**, click on our meet (on the right side of the window) after logging into your account.

**Coaches Meeting --- 9:00a.m.**

**Field events --- 9:30a.m.**

**Running events --- 10:00a.m.**

\*\*\*\* **ALL GIRLS DISCUS/SHOT WILL BE THROWN ON THE TRACK**

\*\*\*\* **ALL BOYS DISCUS/SHOT WILL BE THROWN EAST OF THE TRACK**

**Entry Fee:** \$90.00 per team-\$75.00 J.V team

\$10.00 per individual if less than 4 team members.

Make checks payable to **Marlow High School Athletics \*Track\***

**1st-5th Place Medals ( 1st-3rd Relays)    1<sup>st</sup> Place Team Plaques**

We will have a concession available. - - - - Coaches will be provided a ticket to eat with.

### **Mailing Address:**

Marlow High School

P.O Box 73

Marlow Ok 73055

Att. Bobby Wortham

Cell Phone-580-401-0453

E-Mail [bwortham@marlow.k12.ok.us](mailto:bwortham@marlow.k12.ok.us)

Name of School \_\_\_\_\_

HS Boys \_\_\_\_\_ HS Girls \_\_\_\_\_

J.H Boys \_\_\_\_\_ J.H Girls \_\_\_\_\_

Number of coaches \_\_\_\_\_



## Schedule of Events

### **9:00 Coaches Meeting**

### **9:30 Field Events:**

High Jump	JH Boys- HS Boys- J.H Girls- HS Girls
Long Jump	JH Girls- HS Girls - JH Boys-HS Boys ( 3-3/ 8 to Finals)
Shot Put	HS Boys- J.H Boys ( 3-3 /8 to Finals) JH Girls- HS Girls
Discus	HS Girls- JH Girls- (3-3 / 8 to Finals) JH Boys - HS Boys
Pole Vault	HS Girls-/HS Boys * <b>J.H Boys-J.H Girls- Same Time</b>

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\*\*\*\* **ALL BOYS DISCUS/SHOT WILL BE THROWN EAST OF THE TRACK**

### **10:00 Running Events:**

400 Meter Relay	J.H Girls-J.H Boys HS Girls-HS Boys
3200 Meter Relay	J.H Girls J.H Boys-HS Girls- HS Boys
100 Meter Hurdles	J.H Girls(30")- HS Girls(33")
110 Meter Hurdles	J.H Boys(33")- HS Boys(39")
3200 Meter Run	HS Girls- HS Boys
800 Meter Relay	J.H Girls-J.H Boys-H.S Girls-H.S Boys
800 Meter Run	J.H Girls-J.H Boys-HS Girls-HS Boys
100 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
20 Minute Break	
3200 Meter Run	<b>J.H Girls-J.H Boys (<u>Start During Break</u>)</b>
400 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
300 Meter Hurdles	J.H Girls -HS Girls-J.H Boys-HS Boys
200 Meter Dash	J.H Girls-J.H Boys-HS Girls-HS Boys
1600 Meter Run	J.H Girls-J.H Boys- HS Girls-H.S Boys
1600 Meter Relay	J.H Girls-J.H Boys-HS Girls-H.S Boys