

Moore Middle School Relay Meet

2020 7<sup>th</sup>, 8<sup>th</sup>/9<sup>th</sup> Grade Meet

Hosted By

Moore Track / Westmoore Track / Southmoore Track

Let me take the time to invite you to the Moore Public Schools 7<sup>th</sup>, 8<sup>th</sup>/9<sup>th</sup> Grade Relay meet to be held on Tuesday March 24<sup>th</sup>, 2020. We will have a 7<sup>th</sup> grade division and a 8<sup>th</sup>/9<sup>th</sup> division.

Entry Fee: \$50.00 per team or \$200.00 for all both boys and girls. (7<sup>th</sup>, 8<sup>th</sup>/9<sup>th</sup>)  
Make checks payable to Moore Public Schools and bring with you or send to

Moore Athletics  
1500 SE 4<sup>th</sup> Street  
Moore, Ok 73160

There will NOT be a timing system in place. Coaches must time their schools. We will Time the first place winner in each heat to determine the winner.

Awards will be given to 1<sup>st</sup> place only. (NO TEAM POINTS)  
Heating will take place in the Coaches Meeting.  
OSSAA Rules Apply

PLEASE CONTACT-Coach Seifried to attend [stefanseifried@mooreschools.com](mailto:stefanseifried@mooreschools.com)

Coaches Meeting: 3:45pm

Order of Events

Running

400 Meter Relay	Girls / Boys	7 <sup>th</sup> , 8 <sup>th</sup> /9 <sup>th</sup>
3200 Meter Relay	Girls / Boys	7 <sup>th</sup> , 8 <sup>th</sup> /9 <sup>th</sup>
800 Meter Relay	Girls / Boys	7 <sup>th</sup> , 8 <sup>th</sup> /9 <sup>th</sup>
Distance Medley (800, 400, 800, 1200)	Girls / Boys	7 <sup>th</sup> , 8 <sup>th</sup> /9 <sup>th</sup>
1600 Meter Relay	Girls/ Boys	7 <sup>th</sup> , 8 <sup>th</sup> /9 <sup>th</sup>

Shot Put and Discus-Team Throwing Event. (All throwers together from each team)