

# Newkirk Invitational Track Meet

High School: Thursday, April 9<sup>th</sup> 2019

**Head Track Coach / Athletics Director:** Graham Snelding

Cell Phone: 580-491-2554 [gsnelding@newkirk.k12.ok.us](mailto:gsnelding@newkirk.k12.ok.us)

School Phone: 580-362-6241 Fax: 580-362-6242

We have a 7 lane polyurethane track

## **Entry Fee: High School Division**

\$75.00 entry for each boys and girls teams or \$10.00 per athlete for 4 or fewer participants

**High School Division:** Coaches meeting 3:30 p.m. in the hospitality room at the West end of the stadium. First calls will be made at 3:45 with field events to start at 3:45 and running events at 4:00.

**Limitations:** Each contestant is limited to four events including relays. Each school is limited to three entrants in each event and one relay per team. Three throws will be given in the shot put and discus and three jumps in the long jump. We will have a qualifying line to mark field events.

**Medals/Trophies:** Medals will be awarded to the top 5 places No team plaques will be given.

**Team Points: Equipment:** 3/16 inch spikes or smaller required. Newkirk Schools will provide starting blocks. Please no tape on the running surface or no footballs, or throwing implements on field.

**Hospitality Room:** A coaches Hospitality room will be set-up throughout the Meet.

**RSVP:** Please call in advance of the meet if you know you are coming. There is no limit on teams but would like a headcount for hospitality and a number in the event of weather.

**Parking:** All buses will park on the East Side of the Football Field and North Side of the Practice Field

**OSSAA rules will apply**