Norman Junior High Track & Field Classic
Norman High School Ŧ Norman, OK
Saturday, March 28, 2020

On behalf of the Norman Public Schools, we would like to extend an invitation to participate in our boys and girls track meet. The meet will be held on Saturday, March 28, 2020.

**IMPORTANT:** you must e-mail to verify that you are coming and there is still room.
This is a “Roster ENTRIES” meet. Please read all the information below carefully.
E-mail Coach Monnard to confirm entry and that there is still room:
smonnard@norman.k12.ok.us

**ATTENTION COACHES:** Schools planning to attend this meet must submit their entries on www.endurousa.com by completing the necessary steps on the “Entry Window”.
This is a “Roster Entries” meet. - Seed times/marks are NOT required on the Entry Window.
The entry deadline is **Thursday, March 26 by 7:00pm.**
**** NO LATE ENTRIES **** Schools will not be added at the meet. ****
If you need assistance with your ENDURO USA account contact
Kevin McWatters at: kevin@runenduro.com

--- NEW ---

**PREVIEW window:** Immediately before you depart for our meet, please view our meet’s PREVIEW window for any last minute changes that effect the meet.
To find our meet’s PREVIEW window, click on our meet in the “Student Meets and Events LIST” (on the right side of the window) after you log into your account.

9:15 Coaches meeting (in hospitality room)
10:00 Field events begin
10:15 Running events begin

**General:**
- There will be 4 divisions, boys and girls
- Limitations: 4 event limit per contestant; each school may enter 3 individuals per event
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled
- Participants must wear ¼” or less spikes.
- Contestants will need to check-in at the heating benches
- Awards may be picked up at the press box following 1600-meter relay
- Trophies will be awarded to the top two teams
- Medals will be awarded to the top 3 places
- Shot/Disc/Long Jump will get 3 attempts in prelims; top 8 will get 3 more attempts in the finals
- $70.00 for each boys and girls team. $15 per individual if 5 or less team members

**Entry Fee:** $70.00 per team. **Make checks to:** Alcott Middle School

**Mail payment to:** Alcott Middle School
Attn: Lynda Kutt
1919 W. Boyd Street
Norman, Okla. 73069
(405) 366-5845
Norman Junior High Track and Field Classic  
Saturday, March 28, 2020  
SCHEDULE OF EVENTS

9:15 Coaches Meeting (in hospitality room)  
10:00 Field Events  
10:15 Running Events (timed finals)

**Field Events 10:00**

- **High Jump**    Girls-Boys
- **Long Jump**   Boys-Girls
- **Discus**      Girls-Boys
- **Shot**        Boys-Girls
- **Pole Vault**  Boys-Girls

**Running Events 10:15**

- **4 x 100 Relay**    Girls-Boys
- **4 x 800 Relay**   Girls-Boys
- **100 Hurdles**    Girls (33)
- **110 Hurdles**    Boys (39)
- **3200 Run**       Girls-Boys
- **4 x 200 Relay**   Girls-Boys
- **800 Dash**       Girls-Boys
- **100 Dash**       Girls-Boys
- **400 Dash**       Girls-Boys
- **300 Hurdles**    Girls (30)
- **300 Hurdles**    Boys (36)
- **200 Dash**       Girls-Boys
- **1600 Run**       Girls-Boys
- **4 x 400 Relay**   Girls-Boys