

## OKLAHOMA BAPTIST UNIVERSITY **BISON INVITATIONAL** Shawnee, Ok

Date: Tuesday, April 7, 2020

Coaches Meeting: 8:00am (Indoor Building-South end of facility)

Events: 9:00am

Cost: \$80 per team / \$160 for boys and girls, \$20 for individuals.

Make check payable to OBU and mail to: \*You can bring check to the meet. **Entry Fee:** 

Ford Mastin

Oklahoma Baptist University

500 W. University St., Box 60013C

Shawnee, OK 74804

Venue: New track surface, pits and standards.

Attention: On-Line entries will be closed at NOON on Monday, April 6, 2020.

> Go to https://www.vbmeets.com/30267 for your entries. \*\* Any scratches in an individual event after this time will disqualify the participant from further competition. Emergency substitutions may be done at the Coaches Meeting for athletes unable to compete. PLEASE

make sure you have any potential athlete listed on your roster,

regardless if they are competing or not. All entry procedure questions

please send Email to paul@blacksquirreltiming.com.

Coaches 8:00am: All coaches are to report scratches at the indoor building. Meeting:

Entries need to be as accurate as possible prior to the meeting. ONLY

emergency scratch/substitutions will be allowed, which the Meet

Director will determine.

Divisions: Large School - Boys and Girls [5A and 6A combined]

Small School - Boys and Girls [4A, 3A, and 2A, A combined]

Awards: Medals to top three individuals and relays in each division.

Team Champion and Team Runner-Up trophy for each division.

**Entries:** Three athletes in all events. You can run more than one relay.

You can enter more than 3 athletes if you pay for a "B" team.

(\$15/person not to exceed \$60)

**Concession:** There will be a concession stand available.

Lunch: Provided for all coaches.

Contact: Ford Mastin - ford.mastin@okbu.edu, (405) 878-2133

Mark Heard - mark.heard@okbu.edu, (405) 585-5322



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## Field Events - 9:00AM

Shot Put: Large School (Boys) - Small School (Boys) - Large School (Girls) - Small School (Girls)

**Discus:** Small School (Boys) - Large School (Boys) - Small School (Girls) - Large School (Girls)

**Long Jump:** Small School (Boys) - Large School (Boys) - Large School (Girls) - Small School (Girls)

High Jump: Small School (Girls) - Large School (Girls) - Small School (Boys) - Large School (Boys)

Pole Vault: Large School & Small School (Boys) - Large School & Small School (Girls)

\*Points and medals will be awarded separately.

## **Running Events - 9:00AM**

Athletes must follow the order of events as a time schedule. Punctuality is required for heating in each event. Girls (G), Boys (B).

400m Relay: Small School (G) - Large School (G) - Small School (B) - Large School (B)

3200 Relay: Small School (G) - Large School (G) - Small School (B) - Large School (B)

**100m Hurdles:** Small School (G) - Large School (G)

110m Hurdles: Small School (B) - Large School (B)

**3200 Run:** Small School (B) - Large School (B)

800m Relay: Small School (G) - Large School (G) - Small School (B) - Large School (B)

3200 Run: Small School (G) - Large School (G)

100m Dash: Small School (G) - Large School (G) \*East Side of Track

100m Dash: Small School (B) - Large School (B) \*West Side of Track

800m Run: Small School (G) - Large School (G) - Small School (B) - Large School (B)

**400m Dash:** Small School (G) - Large School (G) - Small School (B) - Large School (B)

300m Hurdles: Small School (G) - Large School (G) - Small School (B) - Large School (B)

200m Dash: Small School (G) - Large School (G) - Small School (B) - Large School (B)

1600m Run: Small School (G) - Large School (G) - Small School (B) - Large School (B)

1600m Relay: Small School (G) - Large School (G) - Small School (B) - Large School (B)