

1st Annual CITY OF OKLAHOMA TRACK & FIELD INVITATIONAL

By The Oklahoma City Parks & Recreation Department
Schilling Recreation Center



SATURDAY APRIL 25TH

At the beautiful Capitol Hill High School Stadium
500 SW 36th St, Oklahoma City, OK



OKC PARKS

Register Now!
Enduroussa.com
\$15.00/Athlete
\$180/team



**Athletes will be heated by time
to insure the maximum in competition.**



CITY OF OKLAHOMA TRACK & FIELD INVITATIONAL

Saturday April 25th

Held At The Beautiful Capitol Hill High School Track & Field Facility

500 SW 36th St, Oklahoma City, OK



OKC PARKS

The first annual City of Oklahoma Track & Field Invitational Is sponsored by the **City of Oklahoma Parks & Recreation Departments, Schillings Recreational Center**. This Event is designed to bring a greater awareness to the incredible sport of Track & Field in Oklahoma.

The participating athletes will be seeded to ensure that top athletes compete against each other. The City of Oklahoma City has even sent invites to a list of top athletes in each event outside the state to shake things up. The entire event will be recorded and athletes can view their races & results online. Results will be timed by a professional company.

This meet will be available to not only Oklahoma High School, Home School and Unattached Athletes, but athletes from the surrounding states. This meet is open to the first 25 teams to sign up. If you plan on attending please **email:** joseph@mooremadcats.com or fill out the online entry form.

ONLINE ENTRIES: Register your team and/or athletes on **www.coacho.com** Then register with **coacho**. Once registered with coacho, go to **Online Registration**. Find "**City of Oklahoma Track & Field Invitational**" on April 25th. Once in our meet, click on registration & follow the steps. **Checks can be sent to: 601 SE 25th St, Oklahoma City, OK 73129**

The online entry DEADLINE for our meet is **Monday April 20th @ 6pm!! No late entries accepted.**

PREVIEW WINDOW: Immediately before you depart for our meet, please view our meet's "Status Page" to ensure that the meet has not been canceled due to weather.

COACHES MEETING: Starts at 9:30am (On Football Field in Heating area) Bibbs & Packets will be handed out before and during coaches meeting.

FIELD EVENTS: Begin at 10:00am **RUNNING EVENTS**— Begin at 11:00am (Rolling Schedule) Note the 30 min break after the 800 meters

TWO DIVISIONS: Girls and Boys. This meet will be heated by time, age is irrelevant.

AWARDS: Boy/Girls -Team Champion & Runner-up. Individuals & Relays: Top three in each event.

FIELD EVENTS: Each athlete will be given 2 practice and 3 recorded throws & jumps.

CONCESSIONS / ADMISSION: The concession stand will be open. Admission will be a \$5.00 charge for spectator at the gate.

PARKING: Bus parking on the South Side of the stadium behind the Track.

TEAM CAMP AREA: Around the Outside Perimeter of Track NO CAMPING IN STANDS.

ENTRY FEE: \$180 for BOTH (girls and boys teams)
\$15.00/Individual

TO ENTER:

1. Simply Print this document and fill out the information on page 3 & 4. Mail it to:
601 SE 25th St, Oklahoma City, OK 73129

OR

2. Fill out the online registration at coacho.com, Input all athletes, their events and the athletes fastest times (this Year) Make checks payable to "The City of Oklahoma Parks & Recreation" Checks can be mailed to :
601 SE 25th St, Oklahoma City, OK 73129 or hand delivered at meet.

CITY OF OKLAHOMA TRACK & FIELD INVITATIONAL

Manual Entry & Registration Form

Team Name: _____
Team Address: _____
City: _____
State: _____
Zip: _____
Phone #: _____
Email Address: _____
Coach's Name: _____
Boys Team? Circle one: Yes No
Girls Team? Circle one: Yes No
Unattached or individual athlete? Circle one: Yes No
Number of Athletes Participating: _____
Amount Included: \$ _____
I Will bring a check to the meet \$ _____

If you are going to fill out the registration form manually, please include the following information for each athlete so that we can enter them into the system. Mail this entry/registration form to: 601 SE 25th St, Oklahoma City, OK 73129

MUST BE IN THE MAIL AND POST MARKED ON OR BEFORE APRIL 18

1. Athlete Name:
2. Athlete Age:
3. Athlete Grade:
4. Male or Female
5. Event 1 _____ Time Ran This Year: _____
6. Event 2 _____ Time Ran This Year: _____
7. Event 3 _____ Time Ran This Year: _____
8. Event 4 _____ Time Ran This Year: _____

Being dishonest about the seeding information robs another athlete

Questions? Call Joseph Gregory at _____

1. Athlete(s) Name: _____
2. Athlete Age: _____
3. Athlete Grade: _____
4. Male or Female _____
5. Event 1 _____ Time Ran This Year: _____
6. Event 2 _____ Time Ran This Year: _____
7. Event 3 _____ Time Ran This Year: _____
8. Event 4 _____ Time Ran This Year: _____
9. **Relay** if relay, enter which one _____ Time This Year: _____

1. Athlete(s) Name: _____
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3. Athlete Grade: _____
4. Male or Female _____
5. Event 1 _____ Time Ran This Year: _____
6. Event 2 _____ Time Ran This Year: _____
7. Event 3 _____ Time Ran This Year: _____
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500 SW 36th St, Oklahoma City, OK 73109

No Tents or canopies in the stands
During Meet infield will remain empty



CITY OF OKLAHOMA TRACK & FIELD INVITATIONAL

Order of Events

Saturday April 25th

FIELD EVENTS—10:30 START TIME

SHOT PUT GIRLS, BOYS

DISCUS BOYS, GIRLS

LONG JUMP GIRLS, BOYS

HIGH JUMP BOYS, GIRLS

Pole Vault BOYS, GIRLS

RUNNING EVENTS—11:00am START TIME

4 X 100 RELAY GIRLS, BOYS

4 X 800 RELAY GIRLS, BOYS

100 INTER. HURDLES GIRLS

110 HIGH HURDLES BOYS

3200 RUN GIRLS, BOYS

4 X 200 RELAY GIRLS, BOYS

800 RUN GIRLS, BOYS

30 Min Intermission

100 DASH GIRLS, BOYS

400 DASH GIRLS, BOYS

300 LOW HURDLES GIRLS

300 INTER. HURDLES BOYS

200 DASH GIRLS, BOYS

1600 RUN GIRLS, BOYS

4 X 400 RELAY GIRLS, BOYS