#### Piedmont Jr. High School 7<sup>th</sup> & 8<sup>th</sup> Grade Annual Boys & Girls Invitational Track Meet Thursday, April 9th, 2020

#### Coaches:

Piedmont Schools would like to extend an invitation to your school to enter our annual invitational on Thursday, April 9th, 2020 in Piedmont, Oklahoma. - - - We have a great new track.

All association rules will apply. Each school will be permitted to enter three athletes per event. All entries will be through ENDURO USA™ (www.endurousa.com).

### The on-line Entry DEADLINE for our meet is April 8th @ 6pm (Wednesday).

All entries will be CLOSED at 6pm! - - - No late entries accepted. - - - Schools planning to attend must submit entries on the ENDURO USA<sup>TM</sup> website by completing **ALL the Steps** on our meet's "ENTRIES Window". If your team/school does not complete all the steps on our meet's "Entries Window", it means your students ARE NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. If you need assistance with your ENDURO USA™ account, email Kevin McWatters at: kevin@runenduro.com - - -

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute information that can affect the meet. To find our meet's PREVIEW window, login - then click on our meet in the "Student Meets & Events LIST" (on the right side of the window).

Team trophies will be awarded for the first and second in each division. Individual medals will be awarded for the first three places in each event. Scoring: 10-8-6-4-2-1 and double relays.

Field events will begin at 9:30 am and Running events will begin at 10:15 am. A coaches' meeting will be at 9:00am at the field house next to the track.

An entry fee of \$280.00 for both teams (\$70.00 for one team) should accompany entries.

Contestants will draw for assignments and will be heated according to times the day of the meet. Shot and discus will be thrown from concrete slabs. Shot, discus, long jump contestants will be given 4 attempts only. All participants will be allowed to wear spikes not exceeding 3/16" in length. The NO FALSE start rule will apply. Starting blocks will be furnished by Piedmont Schools.

We hope you can participate in our upcoming meet.

Sincerely,

Send inquires to:

Jon Bakewell

Jon Bakewell 1055 Edmond RD, NW Piedmont OK 73078

Cell: 808-5752

School Phone: (405) 373-5011

Please Respond ASAP at the school phone above or email:

jon.bakewell@piedmontschools.org

Please make sure you enter students on ENDURO USA™ by the deadline above.

#### TRACK MEET SCHEDULE

**COACHES MEETING: 9:00** 

FIELD EVENTS: 9:30

**RUNNING EVENTS: 10:30** 

Order of Events:

Timed Finals Beginning At 10:30 AM

100 Meter Low Hurdles (30") 7G, 8G 110 Meter Int. Hurdles (33") 7B, 8B

 400 Meter Relay
 7G, 7B, 8G, 8B

 3200 Meter Relay
 7G, 7B, 8G, 8B

 100 Meter Dash
 7G, 7B, 8G, 8B

 800 Meter Run
 7G, 7B, 8G, 8B

### BREAK (length to be determined day of the meet)

800 Meter Relay	7G, 8G
400 Meter Run	7B, 8B, 7G, 8G
300 Meter Hurdles	7B, 8B, 7G, 8G
200 Meter dash	7B, 8B, 7G, 8G
1600 Meter Run	7G, 7B, 8G, 8B
1600 Meter Relay	7G, 7B, 8G, 8B

#### Field events:

## Beginning At 9:30 AM

We will measure the first qualifying mark for each contestant. All others must reach qualifying mark to be measured.

Shot Put 8B, 7B, 8G, 7G (4 throws only) Discus 7G, 8G, 8B, 7B (4 throws only)

Pole Vault 7B, 8B, 7G, 8G

Long Jump 8B, 8G, 7B, 7G (4 Jumps only)

High Jump 7G, 7B, 8B, 8G

# Piedmont Jr. High School 7<sup>th</sup> and 8<sup>th</sup> Grade Annual Boys and Girls Invitational Track Meet Thursday, April 9th

Entry Fee:  8 <sup>th</sup> Grade Boys & Girls One 8 <sup>th</sup> grade team 7 <sup>th</sup> Grade Boys & Girls One 7 <sup>th</sup> grade team All Four Teams Individual	\$140.00 \$70.00 \$140.00 \$70.00 \$280.00 \$15.00 up to 4 athletes
School	Phone #
() 8 <sup>th</sup> boys () 8	oth Girls
( ) 7 <sup>th</sup> boys ( ) 7	rth Girls
	Thank You

Jon Bakewell

Please Respond ASAP at the school phone above or email jon.bakewell@piedmontschools.org