Piedmont High School Annual **Boys and Girls Invitational Track Meet** Friday May 1st, 2020

Coaches:

Piedmont Schools would like to extend an invitation to your school to enter our annual track meet on Friday May 1st, 2020. We have a great new track.

All association rules will apply. Each school will be permitted to enter three athletes per event. All entries will be through ENDURO USA[™] (www.endurousa.com). This will be a "Seeded meet". You'll need the "Invitation Code" (from me) to enter on the ENDURO USA™ website.

The on-line Entry DEADLINE for our meet is April 30th @ 6pm (Thursday).

All entries will be CLOSED at 6pm! - - - No late entries accepted. - - - Schools planning to attend must submit entries on the ENDURO USA[™] website by completing <u>ALL the Steps</u> on our meet's "ENTRIES Window". If your team/school does not complete all the steps on our meet's "Entries Window", it means your students ARE NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. If you need assistance with your ENDURO USAc account, email Kevin McWatters at: kevin@runenduro.com - - -

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute information that can affect the meet. To find our meet's PREVIEW window, login - then click on our meet in the "Student Meets & Events LIST" (on the right side of the window).

Team trophies will be awarded for the first and second in each division. Individual medals will be awarded for the first three places in each event. Scoring is: 10-8-6-4-2-1 and double relays.

Field events will begin at 9:15 am and Running events will begin at 10:15 am. A coaches' meeting will be held at 9:00 am at the field house next to the track.

An entry fee of \$160.00 for both teams (\$80.00 for one team) should accompany entries. Shot and discus will be thrown from concrete slabs. Shot, discus, long jump contestants will be given 3 attempts. Top 8 will be taken to finals and be given 3 additional attempts. All participants will be allowed to wear spikes not exceeding 3/8" in length. The NO FALSE start rule will apply. Starting blocks will be furnished by Piedmont Schools.

We hope you can participate in our upcoming meet.

Sincerely,

Jon Bakewell

Send inquiries to: Jon Bakewell 1055 Edmond RD. NW Piedmont OK 73078 Cell: 808-5752 School Phone: (405) 373-5011 Please Respond ASAP at the school phone above or email: jon.bakewell@piedmontschools.org

TRACK MEET SCHEDULE

COACHES MEETING: 9:00 FIELD EVENTS: 9:15 RUNNING EVENTS: 10:15 Order of Events:

Field events: Beginning At **9:15**

Pole Vault G-B Shot B-G Discus G-B High Jump B-G Long Jump G-B

Timed Finals

Beginning At 10:15

400 meter relay	G-B
3200 meter relay	G-B
100 meter hurdles	G
110 meter hurdles	В
800 meter relay	G-B
3200 meter run	G-B
100 meter dash	G-B
800 meter run	G-B
400 meter dash	G-B
300 meter hurdles	G-B
200 meter dash	G-B
1600 meter run	G-B
1600 meter relay	G-B