



PRYOR INVINTATIONAL TRACK MEET
Jr. High
March 31, 2020

On behalf of the Pryor Public School System, we extend to you and your teams a sincere invitation to participate in our Jr High boys and girls track and field meet. We are excited to have you compete on our new **state of the art 8 lane track**. We will cap our meet at **10 schools per Divison-5A and Under**, so first come, first serve. You must e-mail or call to verify that you are coming and there is still room.

ENTRY FEE: \$90.00 for each boys and girls teams. \$15.00 per individual if less the four (4) members on a team.

TIME: 9:00 am Coaches Meeting, 9:30 am Field Events and Running Events at 10:00 am

DIVISIONS: 7th Boys and Girls and 8th Boys and Girls

MEDALS: Awarded to 1st, 2nd, and 3rd places in all events.

PLAQUES: Awarded to 1st place teams in each Division.

ATTENTION COACHES: Schools planning to attend this meet **must** submit their entries on the **ENDURO USA:** www.enduroussa.com . Your entries need to be done by **Friday March 27 at 9:00pm**

*We will have a Coaches Lunch provided

If you plan on attending, you must do the following:
You **must** notify Melissa Harlow that you plan to attend (harlowm@pryorschools.org)or (918-825-3523.) or Dakota Evans (evansd@pryorschools.org)

ORDER OF EVENTS

10:00am

400 METER RELAY	GIRLS	BOYS
3200 METER RELAY	GIRLS	BOYS
100 M HURDLES	GIRLS	
110 M HURDLES		BOYS
800 METER RELAY	GIRLS	BOYS
800 METER RUN	GIRLS	BOYS
100 METER DASH	GIRLS	BOYS
<u>Break</u>		
400 METER DASH	GIRLS	BOYS
300 METER LH	GIRLS	
300 METER IH		BOYS
200 METER DASH	GIRLS	BOYS
1600 METER RUN	GIRLS	BOYS
1600 METER RELAY	GIRLS	BOYS

9:30 am

FIELD EVENTS

POLE VAULT	BOYS	GIRLS
HIGH JUMP	GIRLS	BOYS
LONG JUMP	BOYS	GIRLS
SHOT PUT	BOYS	GIRLS
DISCUS	GIRLS	BOYS