



**PRYOR INVINTATIONAL TRACK MEET
HIGH SCHOOL
April 10, 2020**

On behalf of the Pryor Public School System, we extend to you and your teams a sincere invitation to participate in our High School boys and girls track and field meet. We are excited to have you compete on our new **state of the art 8 lane track**. We will cap our meet at **10 schools per Divison-5A and Under**, so first come, first serve. You must e-mail or call to verify that you are coming and there is still room.

ENTRY FEE: \$90.00 for each boys and girls teams. \$15.00 per individual if less the four (4) members on a team.

TIME: 9:00 am Coaches Meeting, 9:30 am Field Events and Running Events at 10:00 am

DIVISIONS: High School Boys and High School Girls

MEDALS: Awarded to 1st, 2nd, and 3rd places in all events.

PLAQUES: Awarded to 1st place teams in each Division.

ATTENTION COACHES: Schools planning to attend this meet **must** submit their entries on the **ENDURO USA:** www.endurousa.com . Your entries need to be done by **Tuesday April 7th at 9:00pm**

*We will have a Coaches Lunch provided

If you plan on attending, you must do the following:
You **must** notify Melissa Harlow that you plan to attend (harlowm@pryorschools.org)or (918-825-3523.) or Mike Considine (mconsidine@sbcglobal.net)

ORDER OF EVENTS

10:00am

400 METER RELAY	GIRLS	BOYS
3200 METER RELAY	GIRLS	BOYS
100 M HURDLES	GIRLS	
110 M HURDLES		BOYS
3200 METER RUN		HS BOYS
800 METER RELAY	GIRLS	BOYS
800 METER RUN	GIRLS	BOYS
100 METER DASH	GIRLS	BOYS
<u>Break</u>		
3200 METER RUN	HS GIRLS	
400 METER DASH	GIRLS	BOYS
300 METER LH	GIRLS	
300 METER IH		BOYS
200 METER DASH	GIRLS	BOYS
1600 METER RUN	GIRLS	BOYS
1600 METER RELAY	GIRLS	BOYS

9:30 am

FIELD EVENTS

POLE VAULT	BOYS	GIRLS
HIGH JUMP	GIRLS	BOYS
LONG JUMP	BOYS	GIRLS
SHOT PUT	BOYS	GIRLS
DISCUS	GIRLS	BOYS