

# **STRATFORD 7<sup>TH</sup> and JH TRACK MEET**

## **MARCH 26, 2020**

**We would like to invite you to the 3rd annual Stratford 7<sup>TH</sup> and Junior High Track and Field Meet in Stratford, OK. The meet will be Thursday, March 26<sup>th</sup>, with the coaches meeting beginning at 9:00 a.m. The field events will start at 9:30 a.m., with the running events at 10:00 a.m. Athletes can enter up to 4 events. Each school may enter 1 relay or 3 individuals per event. We have a new 6 lane all weather surface track and would ask that your athletes wear ¼ inch spikes. A hospitality room will be provided for coaches.**

**DIVISIONS: 7<sup>TH</sup> Girls, 7<sup>th</sup> Boys, JH Girls, JH Boys**

**ENTRY FEE: \$70 per division, \$280 for all four and \$15 for individuals (4 or less). No B teams. Make checks payable to Stratford Athletics. You can mail checks to: Attn: Jason Fulks, Stratford Public Schools, P.O. Box 589, Stratford, OK 74872 or bring check to the meet.**

**\*\*Please call or e-mail Coach Fulks if you plan to attend. \*\***

**AWARDS: Medals will be given to the top 5 places in each event and each relay. No team Trophies.**

**\*OSSAA RULES WILL GOVERN THE MEET**

**CONTACTS:**

**Jason Fulks- 580-310-2510- Cell Phone**

**580-759-3615- School Number**

**[jfulks@stratford.k12.ok.us](mailto:jfulks@stratford.k12.ok.us)- email**

**\* GIRLS BEFORE BOYS AND 7<sup>TH</sup> BEFORE JH ON RUNNING EVENTS**

**Running events at 10:00 a.m.**

**Field events at 9:30 a.m.**

**400 relay-7G,JHG,7B,JHB**

**Long jump- JHB,7B,JHG,7G**

**3200 relay-7G,JHG,7B,JHB**

**High jump-JHG,7G,JHB,7B**

**100 hurdles-7G,JHG,**

**Shot- 7B,JHB,7G,JHG**

**110 hurdles-7B,JHB**

**Discus- 7G,JHG,7B,JHB**

**3200 m run-JHB ONLY**

**\* Pole Vault- all girls,all boys**

**800 m relay-7G,JHG,7B,JHB**

**800 m run-7G,JHG,7B,JHB**

**100 m dash-7G,JHG,7B,JHB**

**3200 m run-JHG ONLY**

**400 m dash-7G,JHG,7B,JHB**

**300 m hurdles-7G,JHG,7B,JHB**

**200 m dash-7G,JHG,7B,JHB**

**1600 m run -7G,JHG,7B,JHB**

**1600 m relay-7G,JHG,7B,JHB**

**\* POLE VAULT WILL ONLY TAKE PLACE IF WE HAVE A PARTICIPATING SCHOOL WILLING TO RUN THE EVENT. PLEASE CONTACT ME IF YOU ARE WILLING TO RUN POLE VAULT.**