

STRATFORD INVITATIONAL TRACK MEET

MARCH 27, 2020

THIS TRACK MEET IS FOR 3A-A ONLY

We would like to invite you to the 3rd annual Stratford Invitational High School Track and Field Meet in Stratford, OK. The meet will be Friday March 27th with the coaches meeting beginning at 9:00 a.m. The field events will start at 9:30 a.m., with the running events at 10:00 a.m. Athletes can enter up to 4 events. Each school may enter 1 relay or 3 individuals per event. We have a new 6 lane all weather surface track and would ask that your athletes wear ¼ inch spikes. A hospitality room will be provided for coaches.

ENTRY FEE: \$80 per division, \$160 for both and \$15 for individuals (4 or less). No B teams. Make checks payable to Stratford Athletics. You can mail checks to: Attn: Jason Fulks, Stratford Public Schools, P.O. Box 589, Stratford, OK 74872 or bring check to the meet.

****Please call or e-mail Coach Fulks if you plan to attend. ****

AWARDS: Medals will be given to the top 5 places in each event and each relay. No team Trophies.

***OSSAA RULES WILL GOVERN THE MEET**

CONTACTS:

Jason Fulks-

580-310-2510- Cell Phone

580-759-3615- School Number

jfulks@stratford.k12.ok.us- email

Running events at 10:00 a.m.

400 relay-girls/boys
3200 relay- girls/boys
100 hurdles- girls
110 hurdles-boys
3200 m run-girls
800 m relay- girls/boys
800 m run- girls/boys
100 m dash- girls/boys
3200 m run- boys
400 m dash- girls/boys
300 m hurdles- girls/boys
200 m dash- girls/boys
1600 m run – girls/boys
1600 m relay- girls/boys

Field events at 9:30 a.m.

Long jump- boys/girls
High jump- girls/boys
Shot- boys/girls
Discus- girls/boys
*** Pole Vault- boys/girls**

*** POLE VAULT WILL ONLY TAKE PLACE IF WE HAVE A PARTICIPATING SCHOOL WILLING TO RUN THE EVENT. PLEASE CONTACT ME IF YOU ARE WILLING TO RUN POLE VAULT.**