



USATF COACHING EDUCATION

GUIDE THE NEXT GENERATION OF TEAM USATF ATHLETES TO THE RANKS OF THE ELITE ... BECOME A USATF LEVEL 1 CERTIFIED COACH!

From Junior Olympics to the world stage, the pathway to mastering coaching the sport of track and field begins by earning USATF Level 1 certification. Rooted in sports-science and developing a baseline knowledge of all event disciplines, the USATF Level 1 curriculum encompasses 21.5 hours of hands-on training and instruction. Throughout the two-and-a-half-day course, individuals will be introduced to training theory fundamentals, teaching progressions for all broad events, safety/risk management procedures and rules of the sport from a staff of USATF certified instructors.

Upon course completion, individuals will be prepared to coach athletes across all junior age division levels, and eligible for future admission to advanced levels of the USATF CE professional pathway.

REGISTRATION INFORMATION



Don't miss the opportunity to learn, network and earn USATF Level 1 certification at the next USATF Level 1 School in your area, **December 21-22, 2019** at **Owasso High School in Owasso, OK**.

Register by midnight (EST) on **December 7, 2019** for the pre-registration rate (\$210) and save \$50.

No coaching experience is required, but you must be at least 18 years of age and have a current USATF membership. Become a member of TEAM USATF today and enjoy access to exclusive member benefits, including eligibility for this course.

BENEFITS

- // Recognition as a USATF Level 1 Coach
- // Published textbook covering sports science and individual events
- // Skills and knowledge to coach athletes at all levels
- // Access to instructors and mentors with extensive experience
- // Valid for two CEU's from Indiana University that can be applied towards teaching license renewal and certifications from other NGB's
- // Eligibility to attend the event-specific USATF Level 2 Program

Register for this USATF Level 1 School or learn more at: **[USATF.org/CalendarOfSchools](https://www.usatf.org/CalendarOfSchools)**