

# Velma-Alma Comet Invitational

The Velma-Alma Athletic Department would like to invite you to our annual H.S. Invitational Track & Field Meet. The meet will be held on **Tuesday, April 28, 2020**. Field events will begin at 10:00 and the running events at 10:20. This meet is sanctioned by the OSSAA.

**ONLINE ENTRIES:** All entries will be online on the ENDURO USA™ website, at: - - - - -

[www.endurousa.com](http://www.endurousa.com)

**ATTENTION COACHES:** *online Entry DEADLINE for our meet is April 27th @ 6pm (Monday).*

All entries will be CLOSED at 6pm! - - - No late entries accepted. - - - Schools planning to attend must submit entries on the ENDURO USA™ website by completing ALL the Steps on our meet's "ENTRIES Window".

If your team/school does not complete all the steps on our meet's "Entries Window", it means your students ARE NOT ENTERED. NOTE: your school/team will NOT be entered manually by our timing crew at the meet.

- - - NO exceptions this year. - - - If you need assistance with your ENDURO USA™ account, please email Kevin McWatters at: kevin@runenduro.com

**PREVIEW window:** Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute information that can affect the meet. To find our meet's PREVIEW window, login – then click on our meet in the "Student Meets & Events LIST" (on the right).

**Divisions:** High School Boys and Girls

**Entry Fee:** \$80 per team      \$15 per individual

**Participation:** Athletes are limited to four events. Schools may enter 1 relay and 3 individuals in each event.

**Awards:** Medal to the top 5 in individual events and top 3 relays. No team trophies

We will run the regional Order of Events.

A meal for the coaches will be provided.

If you have any questions you may call: Jerry Loveall at 580-444-3356

Make Checks payable to - Velma-Alma Athletics

Mail checks to - Velma-Alma High School  
c/o Jerry Loveall  
PO Box 8  
Velma, OK 73491

# *Velma-Alma Comet Invitational*

## *- - - ORDER OF EVENTS - - -*

### **Field Events @ 10:00**

*Shot Put- Boys, Girls*

*Discus- Girls, Boys*

*Long Jump - Boys, Girls*

*High Jump, - Girls, Boys*

*Pole Vault - Girls, Boys*

### **Prelim - Running Events @ 10:15**

*400m relay - girls, boys*

*3200m relay – girls, boys (finals)*

*100m hurdles – girls*

*110m hurdles - boys*

*100m dash – girls, boys*

*3200m run - boys (finals)*

*800m relay - girls, boys (finals)*

*3200m run - girls (finals)*

*200m dash - boys, girls*

### **Finals – Running Events**

*400m relay - girls, boys*

*800m run - girls, boys*

*100 hurdles - girls*

*110m hurdles - boys*

*100m dash - girls, boys*

*400m dash - girls, boys*

*300m hurdles – girls, boys*

*200m dash - girls, boys*

*1600m run - girls, boys*

*1600m relay - girls, boys*