

# WARNER ATHLETICS WARNER TRACK & FIELD

Brina Hummingbird - Principal/Athletic Director John Hart - Asst. AD/Boys Track Mindi Peter - Girls Track

1012 5th Avenue Warner, OK 74469 Phone: 918-463-5172 Fax: 918-463-2378

January 14th, 2020

## You are invited to attend our 21nd annual junior high school track meet on April 6th, 2020.

- -We have a 7 lane all-weather surface track. The starter for our meet is a State Track Meet starter.
- -Field events will begin at 10:00 AM and running events will begin at 10:15 AM. Coach's meeting at 9:30am.
- -Entry fee will be \$70.00 per division. Teams of three or less are \$15/individual. Medals will be given for 1<sup>st</sup>-3<sup>rd</sup> place, as well as division winners. Make checks payable to: WARNER PUBLIC SCHOOL.
- -Starting blocks will be furnished and YOU MUST WEAR 1/4" SPIKES OR SMALLER. NO NEEDLE SPIKES. <u>Please DO NOT use tape on the track</u>. No team camps on the infield. Make checks payable to Warner Public Schools.
- -Limits are three athletes per event & no athlete may participate in more than four events in any division. Field events will be allowed 3 attempts and we will send 8 to the finals.
- -Divisions are 7th girls, 7th boys, 8th girls, & 8th boys (4 divisions)

All coaches are to check in at the field house. If you arrive late, please check in with Coach Hart or Coach Peters.

\*\*\*Hospitality room provided for coaches and administrators.

Please feel free to contact Coach Peters (918-618-3158) <u>mindipeters@warner.k12.ok.us</u> or Coach Hart (918-617-0925) <u>johnhart@warner.k12.ok.us</u> at any time with questions or in regards to inclement weather or at 918-463-5172.

Regards,

Mindi Peters - Girls Track Coach John Hart - Boys Track Coach

#### **WARNER 7TH & 8TH GRADE INVITATIONAL**

**Coaches Meeting: 9:30** 

Field Events: 10:00

**Running Events: 10:15** 

## **ORDER OF EVENTS**

### **FIELD EVENTS**

DISCUS

HIGH JUMP	7TH , 8TH GIRLS	7TH , 8TH BOYS
LONG JUMP	7TH , 8TH BOYS	7TH, 8TH GIRLS
SHOT PUT	7TH , 8TH BOYS	7TH , 8TH GIRLS

NOTE: SHOT PUT, DISCUS, AND LONG JUMP WILL HAVE 3 JUMPS/THROWS. EACH OF THE 3 THROWS WILL BE CONSECUTIVE.

7TH, 8TH GIRLS 7TH, 8TH BOYS

**RUNNING ORDER: 7TH GIRLS, 8TH GIRLS, 7TH BOYS, 8TH BOYS** 

400M RELAY

**3200 M RELAY** 

100M HURDLES

110 M HURDLES

**800M RUN** 

100M DASH

**400M RUN** 

800M RELAY

300M HURDLES

200M DASH

1600M RUN

1600M RELAY