

Wyandotte Public Schools

JUNIOR HIGH TRACK MEET APRIL 20TH, 2020

SCHOOLS: 4A AND BELOW

TIME: COACHES MEETING @ 9:00AM IN WEIGHT ROOM OF FIELD HOUSE

MEET START: 9:30AM

DIVISIONS: 7TH AND 8TH GIRLS, 7TH AND 8TH BOYS (2 DIVISIONS)

ENTRY FEE: \$70 PER TEAM, PER DIVISION, \$15 PER INDIVIDUAL IF YOU HAVE LESS THAN 4 ON A TEAM
MAKE CHECKS PAYABLE TO WYANDOTTE ATHLETICS

LIMITATIONS: EACH INDIVIDUAL IS LIMITED TO 4 EVENTS INCLUDING RELAYS AND FIELD EVENTS
EACH SCHOOL IS LIMITED TO 1 RELAY TEAM PER DIVISION
EACH SCHOOL IS LIMITED TO 3 COMPETITORS PER EVENT

AWARDS: WE WILL MEDAL THE TOP 3 FINISHERS IN EACH EVENT, INCLUDING RELAYS
PLAQUE IS AWARDED TO TOP TEAM IN EACH DIVISION

TEAM POINTS: 1ST THROUGH 6TH PLACE (10,8,6,4,2,1) IN INDIVIDUAL EVENTS AND RELAYS (20,16,12,8,4,2)

EQUIPMENT: IT IS ADVISED NOT TO WEAR SPIKES (ASPHALT TRACK)

BUS PARKING: BEHIND THE VISITOR BLEACHERS

CONCESSIONS WILL BE AVAILABLE, PLEASE HAVE ALL TENT LOCATIONS ON THE VISITOR SIDE OF STADIUM.

PLEASE REPLY IF YOU ARE ATTENDING,

ZAC ROSS

HEAD TRACK COACH

Wyandotte Public Schools

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Wyandotte Track Meet Jr. High(7th and 8th) Monday April 20TH 2019

9:00 - Coaches Meeting

9:30 - Running Events - Running order for all events JH Girls, JH Boys

- 400 meter relay
- 3200 meter relay
- 100 meter hurdles (JH Girls - 30øø)
- 110 meter hurdles (JH Boys - 33øø)
- 800 meter relay
- 800 meter run
- 100 meter dash
- 400 meter dash
- 300 meter hurdles (JH Girls 30øø)(JH Boys 33øø)
- 200 meter dash
- 1600 meter run (may run this first if track has dew at start time)
- 1600 meter relay

9:30- Field Events -- Next division starts as soon as the preceding finishes.

High jump	Long Jump	Shot Putt	Discus
JH GIRLS	JH BOYS	JH GIRLS	JH BOYS
JH BOYS	JR GIRLS	JH BOYS	JH GIRLS

*There may be qualifying jumps and throws