ALTUS JUNIOR HIGH RANDLE HAWKINS INVITATIONAL MEET ATHLETIC DEPARTMENT RIDGECREST AND S. PARK LANE 580-481-2648

Dear Girls and Boys Track Coach:

On Tuesday, April 6th, 2021 Altus Junior High School will be hosting the Altus Junior High Invitational Track and Field Meet. There will be four divisions: 8th grade boys, 8th grade girls, 7th grade boys and 7th grade girls.

Trophies will be awarded to the Champions in each division. National Federation Rules for Track and Field will be used. Three athletes per event. You can run some JV runners, within reason. Medals will be given to the top 3 places in each event, in each division.

Please plan on attending our meet. We promise a great, fast paced meet.

Entry Fee: \$90.00 Boys

\$90.00 Girls

\$160.00 for two teams

\$300.00 if you enter all divisions.

Mail to: Altus High School, attn. Athletic Dept

400 N. Park Avenue Altus, Ok. 73521

If you have any questions, please feel free to call Coach Robert Garrison, work 580-481-2173, cell- 580-481-0327 or email rgarrison@altusps.com, or Coach Kelly Cox at kcox@altusps.com or Coach Kellie Gribble at kgribble@altusps.com. You can also contact Athletic Director Randall Coffman at 580-481-2647 or rcoffman@altusps.com.

Sincerely,					
The Altus Trac	k Coaching Staff				
School:					
Divisions:	8th Boys	8th Girls,	7th Boys	, 7th Girls	
Name of Head	Coach:				
Phone # in cas	se of inclement we	ather:			

ALTUS JUNIOR HIGH RANDLE HAWKINS INVITATIONAL TRACK MEET SCHEDULE OF EVENTS TUESDAY, APRIL 6TH, 2021

COACHES MEETING: 1:15 PM

FIELD EVENTS: 1:30 PM

HIGH JUMP- 7 BOYS, 8TH BOYS, 7 GIRLS, 8 GIRLS
LONG JUMP- 7 GIRLS, 8 GIRLS, 7 BOYS, 8 BOYS
SHOT PUT- 8 BOYS, 7 BOYS, 8 GIRLS, 7 GIRLS
DISCUS- 8 GIRLS, 7 GIRLS, 8 BOYS, 7 BOYS

POLE VAULT- ALL DIVISIONS TOGETHER

LJ, SHOT AND DISCUS WILL BE 3 ATTEMPTS ONLY.

FINALS: 2:00 PM (7G, 8G, 7B, 8B unless otherwise noted)

400m Relay

3200m Relay

100m Hurdles (girls) 110m Hurdles (boys)

3200 Run-boys and girls together (one division of each)

800m Relay

800 Run

20 minute break if possible

100 Dash

400m Dash

300m Hurdles

200m Dash

1600m Run

400m Coaches relay (if time and interest)

1600m Relay

ENTRY FORMS OR INTENT TO ATTEND DUE BY APRIL 2ND, 2020.

PLEASE SEND TO RGARRISON@ALTUSPS.COM OR FAX TO ROBERT

GARRISON AT 580-481-2547