39th ANNUAL BETHANY MIDDLE SCHOOL 7th AND 8th GRADE INVITATIONAL TRACK MEET 2021

Bethany Schools extends an invitation for your school to participate in our 39th annual Middle School Boys and Girls Invitational Track and Field Meet. This event will be held on Thursday, March 25, 2021, starting at 3:00 pm. The following will give you the information you need concerning this meet. The track is located at the Bethany Public Schools Athletic Complex just west of NW 50th Street and Council Road in Northwest Oklahoma City.

Entry Fee: \$70.00 (each boys team) and \$70.00 (each girls team) (\$280.00 total) and \$20.00 per individual (up to 4).

Make checks payable to Bethany Public Schools. Bring Checks or Send to: Bethany Public Schools

Attn. Adam Forester 6721 NW 42nd Street Bethany, OK, 73008

Field Size: **The field will be limited to the first 10 schools that contact the meet directors.**

Trophies: Trophies will be awarded to the 1st place team in each division.

Divisions: 8th Boys, 8th Girls, 7th Boys, 7th Girls

Medals: Medals will be awarded to 1st, 2nd, and 3rd place in all events.

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in

each event and one team in each relay. Also, there will be no 300 Meter Hurdles.

<u>Time Schedule:</u> 2:30 PM Coaches Meeting

3:00 PM Field Events

3:15 PM Running Events (Timed Finals)

Events: Each contestant will receive four (4) throws or jumps in the field events. No Pole Vault.

Dinner: Dinner will be provided for coaches.

Team Points: Points will be awarded to the top 8 (10-8-6-4-2-1) with Relays doubled (20-16-12-8-4-2).

Equipment: Our track is an all weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

Entries: Please let us know if you would like to attend this meet. Send an email to Adam Forester at

aforester@bethanyschools.com.

For questions or in case of possible inclement weather please contact the meet directors:

Adam Forester, Head Boys and Girls Track Coach

Jon Arthur, Athletic Director and Meet Referee

aforester@bethanyschools.com jarthur@bethanyschools.com

405-664-6022 (Cell) 405-499-4608 (Office)

39th ANNUAL BETHANY MIDDLE SCHOOL INVITATIONAL SCHEDULE OF EVENTS

2:30 Coaches Meeting (High School Lockerroom near Starting Line)

Field Events

3:00	Discus	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	High Jump	8 th Girls	7 th Girls	8 th Boys	7 th Boys
	Long Jump	8 th Boys	7 th Boys	8 th Girls	7 th Girls
	Shot Put	7 th Boys	8 th Boys	7 th Girls	8 th Girls

Timed Finals

3:15	100 Meter Hurdles	7 th Girls	8th Girls		
	110 Meter Hurdles	7 th Boys	8 th Boys		
	400 Meter Relay	7 th Girls	8th Girls	7 th Boys	8 th Boys
	3200 Meter Relay	7 th Girls	8th Girls	7 th Boys	8 th Boys
	100 Meter Dash	7 th Girls 8 th Girls		th Side of the T th Side of the T	,
	800 Meter Run	7 th Girls	8th Girls	7 th Boys	8 th Boys
	800 Meter Relay	7 th Girls	8th Girls	7 th Boys	8 th Boys
	400 Meter Dash	7 th Girls	8th Girls	7 th Boys	8 th Boys
	200 Meter Dash	7 th Girls	8th Girls	7 th Boys	8 th Boys
	1600 Meter Run	7 th Girls	8th Girls	7th Boys	8 th Boys
	1600 Meter Relay	7 th Girls	8th Girls	7 th Boys	8 th Boys

Pick up Medals & Plaques from the Pressbox at the Conclusion of the 1600 Meter Relay

Bethany Middle School Invitational Meet Records				
Field Events	Girls Records	Boys Records		
Shot Put	7G: Tuberville, Choctaw, 33'10" (2005) 8G: Gillespie, Independence, 38'2" (2017))	7B: Brassfield, SW Covenant, 44'1" (2019) 8B: Hill, Tuttle, 49'4" (1985)		
Discus	7G: Tuberville, Choctaw, 88'7" (2005) 8G: Julie Treece, Bethany, 98'3" (1985)	7B: Meeson, SW Covenant, 128'8.5" (2019) 8B: Staub, Minco, 157'7" (2000)		
Long Jump	7G: Watkins, Elk City, 15'7" (1989) 8G: Seamster, Watonga, 16'10" (2000)	7B: Bryson, Elk City, 19'8" (1989) 8B: Adokiye Iyaye, Piedmont, 20'6.25" (2014)		
High Jump	7G: 3 Tied, 5'0" (2003-2006) 8G: 2 Tied, 5'2" (1985-2000)	7B: 2 Tied, 5'6" (1989-1992) 8B: Thomas, Jones, 6'2" (2005)		
Running Events	Girls Records	Boys Records		
100 Meter	7G: Watkins, Elk City, 13.34 (1989)	7B: King, Watonga, 12.04 (1997)		
Dash	8G: Spellman, Luther, 12.44 (2000)	8B: Thomas, Jones, 11.54 (2005)		
200 Meter	7G: Watkins, Elk City, 27.24 (1989)	7B: King, Watonga, 24.64 (1997)		
Dash	8G: Hawkins, Millwood, 26.85 (2000)	8B: Smith, Crooked Oak, 24.04 (1987)		
400 Meter	7G: Johnston, Bethany, 1:03.24 (2010)	7B: Martin, Monroney, 56.84 (2010)		
Dash	8G: Herring, Mayfield, 1:00.44 (2017)	8B: Howard Douglas, Taft, 52.33 (2014)		
800 Meter	7G: Ezell, SW Covenant, 2:31.9 (2017)	7B: Gladd, Elk City, 2:17.24 (1997)		
Run	8G: Levan, Casady, 2:29.64 (1987)	8B: Medicine Bear, Watonga, 2:07.24 (1999)		
1600 Meter	7G: Lettkeman, Watonga, 5:48.64 (1998)	7B: Blake Cone, Piedmont, 5:19.06 (2014)		
Run	8G: Frezonke, Casady, 5:38.74 (1997)	8B: Albright, Deer Creek, 4:53.04 (1993)		
100/110 Meter	7G: 2 Tied, 17.74 (1992-2001)	7B: Maloy, Kingfisher, 16.44 (1994)		
Hurdles	8G: Coleman, Watonga, 17.04 (2001)	8B: Barnes, John Marshall, 15.54 (2010)		
300 Meter	7G: Carpenter, Northeast, 53.04 (2005)	7B: Smith, Monroney, 47.94 (2005)		
Hurdles	8G: Charity Fair, Monroney, 52.67 (2014)	8B: Sasha McCoy, Bethany, 44.55 (2013)		
400 Meter	7G: Crooked Oak: 53.64 (1987)	7B: Watonga, 48.44 (1997)		
Relay	8G: Cooper, 52.44 (2017)	8B: Taft, 47.20 (2014)		
800 Meter	7G: Deer Creek, 1:58.44 (2015)	7B: Piedmont, 1:47.44 (2017)		
Relay	8G: Independence, 1:52.44 (2017)	8B: Taft, 1:39.60 (2014)		
1600 Meter	7G: Watonga, 4:34.24 (1999)	7B: Jones, 4:06.64 (1991)		
Relay	8G: Millwood, 4:26.54 (1999)	8B: Weatherford, 3:46.34 (1998)		
3200 Meter	7G: Deer Creek, 11:14.82 (2013)	7B: Casady, 9:57.24 (1992)		
Relay	8G: Moore Brinks, 10:59.74 (2005)	8B: Watonga, 9:14.04 (1999)		



BETHANY MS INVITATIONAL 2021 TRACK MEET INVOICE



Bethany Public Schools

Attn. Adam Forester – Track Coach
6721 NW 42nd Street

Bethany, OK, 73008

Phone: 405-789-6370

E-Mail: aforester@bethanyschools.com

Web: www.bethanybronchos.com

Bill To:	 	
Attn:	 	
Address:	 	

Details:

Date	Description	Quantity	Price (Each)	Total Price	
3/25/21	MS Track Meet Team Entry Bethany Invitational		\$70.00		
	Individual Entry		\$20.00		
	"B" Team Entry		\$40.00		
	Total Due:				

Please send payment for the above as soon as possible.

Send Payment to:
Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008