

Bristow High School

Athletic Department
Floyd Robinson - Activities Director
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Darold Ritchie Invitational **Saturday April 17, 2021**

On behalf of the Bristow Public Schools System, we extend to you and your teams a sincere invitation to participate in our High School Boys and Girls Track and Field Meet. The following will give you the information you need for the meet. This will be a timed finals meet. TEAMS 5A AND BELOW. All entries will be ON-LINE on the ENDURO USA™ website. - - - -

www.endurousa.com

ATTENTION COACHES: the on-line Entry DEADLINE is April 16th @ 5pm (Friday).

All entries will be CLOSED at 5pm! - - - No late entries accepted. - - - Schools planning to attend must submit entries by completing **ALL the Steps** on our meet's "ENTRIES Window" – including the "**VERIFICATION Step**". If your team/school does not complete all the online entry steps, it means your students ARE NOT ENTERED. NOTE: your school/team will NOT be entered manually at the meet. - - - NO exceptions this year. If you need assistance with your ENDURO USA™ account, email Kevin McWatters at: kevin@runenduro.com

PREVIEW window: Immediately before departing for our meet, please view our meet's PREVIEW window for any last-minute information that can affect the meet. To find our meet's PREVIEW window, login – then click on our meet in the "Student Meets & Events LIST" (on the right).

Entry Fee: \$90 for each boys and girls team. \$12 per individual if less than (4) members on a team. NO REFUNDS.

Time: All teams report to Bristow Football Field by 9:00 am for coaches meeting. Field events will begin at 9:30 am - All running events at 10:00 am.

Divisions: There will be two (2) divisions. HS Boys and HS Girls.

Medals: Awarded to 1st, 2nd, 3rd, 4th & 5th in all individual events - and 1st, 2nd & 3rd in the relays.

Trophies: No team trophies will be awarded.

Team Points: Awarded to 1st - 6th (10-8-6-4-2-1) in individual events, and (20-16-12-8-4-2) in relay events.

Equipment: Bristow will furnish all starting blocks to contestants. ¼" or shorter spikes are required.

Participants: Each school can only enter 3 athletes in each event.

Oklahoma Secondary School Association Rules Apply

Contact: Shannon Hilburn (Track Coach) email: shilburn@bristow.k12.ok.us

Bristow High School Track Meet

Schedule of Events

Field Events

9:30 a.m.	High Jump	Boys, Girls
	Long Jump	Girls, Boys
	Shot	Boys, Girls
	Discus	Girls, Boys
	Pole Vault	Boys, Girls

Time Finals

10:00 a.m.	400 Relay	Girls, Boys
	3200 Relay	Girls, Boys
	100 Hurdles	Girls (33")
	110 Hurdles	Boys (39")
	3200 Run	Boys
	800 Relay	Girls, Boys
	800 Run	Girls, Boys
	100 Dash	Girls, Boys

Break for Lunch

3200 Run	Girls
400 Dash	Girls, Boys
300 Hurdles	Girls (30")
300 Hurdles	Boys (36")
200 Dash	Girls, Boys
1600 Run	Girls, Boys
1600 Relay	Girls, Boys

Qualifying Distances and/or Starting Heights

High Jump		Long Jump		Pole Vault	
<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>
5-03	4-05	17-00	13-00	8-09	6-03
		Shot			Discus
	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	
	40'	30'	100'	70'	