



**CATOOSA JR. HIGH TRACK CLASSIC**  
**7TH & 8TH BOYS AND GIRLS**  
**MONDAY APRIL, 5TH 2021**



On behalf of the Catoosa Public School System we would like to extend to you and your teams an invitation to participate in our Junior High School boys & girls track meet. The following will give you the information you need for this track meet.

Schools planning to attend this meet must submit their roster to [enduroentries.com](http://enduroentries.com) website. This is a roster entry meet. The online entry deadline will be Friday April 2nd, at 4:00 P.M..

**ENTRY FEE:** \$85 per team. There will be 4 divisions 7th girls, 8th girls, 7th boys, 8th boys;

**TIME:** Coaches Meeting will be at 10:30 A.M.; The meeting will be held in the Twist Center just east of the track. The field events will begin a 11:00 A.M.; The Running events will begin at 12:00 P.M.;

**LIMITATIONS:** Each contestant is limited to 4 events, including relays. In order to keep the track meet moving there will not be any prelims in shot, discus, or long jump. Each athlete will be aloud 3 throws or 3 jumps and the top six will score. If there is a large number of entries we will divide the athletes up into flights of 8. If the athlete does not reach the qualifying mark he or she will be required to throw or jump again. All running events will be timed finals, no prelims.

**TEAM POINTS:** We will score individual events (10-8-6-4-2); Relays will be double points. Medals will be awarded to 1st, 2nd, and 3rd place. Trophies or plaques will be awarded to 1st place of each division.

**RULES, REGULATIONS & EQUIPMENT:** OSSAA rules will apply; you must wear 1/4 inch spikes. Please do not put tape on the track or runways.

**WE HOPE THAT YOU AND YOUR TEAMS CAN BE WITH US FOR THE TRACK MEET.**

**CONTACTS:**           **DAVID HEATH**  
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**CATOOSA JR HIGH TRACK MEET  
7TH & 8TH BOYS AND GIRLS**

**COACHES MEETING: 10:30 A.M. TWIST CENTER**

**FIELD EVENTS:**

<b>11:00 A.M.</b>	<b>HIGH JUMP</b>	<b>7B-8B-7G-8G</b>
	<b>LONG JUMP (PIT #2)</b>	<b>8G-7G</b>
	<b>LONG JUMP (PIT #1)</b>	<b>8B-7B</b>
	<b>SHOT (RING #2)</b>	<b>7B-7G</b>
	<b>SHOT (RING #1)</b>	<b>8B-8G</b>
	<b>DISCUS (NORTH)</b>	<b>8G-8B</b>
	<b>DISCUS (SOUTH)</b>	<b>7G-7B</b>
	<b>POLE VAULT</b>	<b>8B-7B-8G-7G</b>

**RUNNING EVENTS**

<b>12:00 P.M.</b>	<b>100 M HURDLES</b>	<b>7G-8G</b>
	<b>110 M HURDLES</b>	<b>7B-8B</b>
	<b>3200 M RELAY</b>	<b>7G-8G-7B-8B</b>
	<b>400 M RELAY</b>	<b>7G-8G-7B-8B</b>
	<b>800 M RUN</b>	<b>7G-8G-7B-8B</b>
	<b>100 M DASH</b>	<b>7G-8G-7B-8B</b>

**BREAK: 20 MIN.**

<b>400 M DASH</b>	<b>7G-8G-7B-8B</b>
<b>800 M RELAY</b>	<b>7G-8G-7B-8B</b>
<b>1600 M RUN</b>	<b>7G-8G</b>
<b>300 M HURDLES</b>	<b>7G-8G-7B-8B</b>
<b>200 M DASH</b>	<b>7G-8G-7B-8B</b>
<b>1600 M RUN</b>	<b>7B-8B</b>
<b>1600 M RELAY</b>	<b>7G-8G-7B-8B</b>