

Order of Events

Coaches Meeting: 9:45 (in front of hospitality room by SB bleachers)

Time Finals event.

3 attempts in field events

3 contestants per event

Top 3 medalist

Field Events: 10:00 a.m.

PV: 7G, 8G, 7B, 8B, HSG, HSB

Shot: 7G, 8G, 7B, 8B, HS Girls, HS Boys

Discus: HS Girls, HS Boys, 7B, 8B, 7G, 8G

LJ: 7B, 8B, 7G, 8G, HS boys, HS girls

HJ: HS girls, HS boys, 7G, 8G, 7B, 8B

Running Events:

10:15 a.m.

Standard Order (7th girls, 8th girls, 7th boys, 8th boys, HS girls, HS boys)

400m Relay (7G, 8G, 7B, 8B, HSG, HSB)

3200m Relay (7th Boys/Girls, 8th Boys/Girls, HS girls, HS boys)

100m hurdles (7th girls, 8th girls, 7th Boys, 8th boys, HS girls-33")

110 hurdles (HS boys-39")

3200m run (8B, 7B/HSB)

800m relay (7G, 8G, 7B, 8B, HSG, HSB)

800m run (7G, 8G, 7B, 8B, HSG, HSB)

100m (7G, 8G, 7B, 8B, HSG, HSB)

Break (30 minutes)

3200m run (8G, 7G/HSG)

400m (7G, 8G, 7B, 8B, HSG, HSB)

300m hurdles (7G, 8G, 7B, 8B, HSG-30", HSB-36")

200m (7G, 8G, 7B, 8B, HSG, HSB)

1600m (7G, 8G, 7B, 8B, HSG, HSB)

1600m relay (7G, 8G, 7B, 8B, HSG, HSB)