

Yellowjacket Invitational

Friday, March 26th, 2021 @ 10:00

On behalf of the Choctaw/Nicoma Park Public Schools we would like to extend an invitation to participate in our track meet. Please e-mail to confirm that you are coming and to verify that there is room. This is a sanctioned meet, so OSSAA rules will apply.

ATTENTION COACHES: Submit entries by Thursday, March 26th, 2021 at www.runendurousa.com.

Time Line: 10:00 Coaches meeting in football fieldhouse
10:30 All events running and field begin

General:

- * Limited to 15 teams.
- * 4 event limit per athlete and school may enter 3 athletes per event
- * Runners will be heated up north end of the football field
- * Awards picked up at press box following the mile relay
- * Medals awarded to top three placers
- * Plaque awarded to Boys and Girls Team winner.
- * Shot, disc, and long jump will get 3 attempts in the prelims. Top 8 will have 3 additional attempts in finals and top throw/jump will carry over to finals.
- * There will be 2 divisions, Varsity boys and Varsity girls; \$90.00 for boys and \$90.00 for girls' teams.
- * Please notify Jay Reaves at jreaves@cnpsschools.org and/or Mona Kelly mkelly@cnpsschools.org if you plan to attend.
- * Please have all your athletes listed on www.runendurousa.com one day prior to meet.
- * If you have any questions please call the AD office and ask for Brandie at 405-390-6120.

Entry Fee: \$90.00 per team & checks payable to: **Choctaw**

Athletics

Mail payment to: Choctaw/Nicoma Park Public Schools
Choctaw Athletics
Attn: Mike Hessman
14300 NE 10th
Choctaw, OK 73020

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Schedule of Events

10:00 Coaches Meeting
10:30 Running and Field events

Field Events at 10:30

High Jump	Boys-Girls
Long Jump	Girls-Boys
Discus	Girls-Boys
Shot	Boys-Girls
Pole Vault	Boys-Girls

Running Events 10:30

4x100 Relay	Girls-Boys
4x800 Relay	Girls-Boys
100 Hurdles	Girls
110 Hurdles	Boys
3200 Run	Girls-Boys
4x200 Relay	Girls-Boys
800 Run	Girls-Boys
100 Dash	Girls-Boys
400 Dash	Girls-Boys
300 Hurdles	Girls-Boys
200 Dash	Girls-Boys
1600 Run	Girls-Boys
4x400 Relay	Girls-Boys