<u>Clinton Public Schools</u> Invitational Track & Field Meet Junior High (7th & 8th graders only - NO FRESHMAN) Saturday, April 17, 2021

If you will be attending our meet, please confirm no later than September 1 to Cory Strahorn (405) 365-6263

This is a timed finals meet. We have a 6 lane track. All times will be hand held.

4 Divisions:

7 grade Girls 7 grade Boys 8 grade Girls 8 grade Boys

\$75.00 per boys team and \$75.00 per girls team
If you are bringing <u>all four teams</u>, the cost is \$300.00
\$50.00 (per B Team)
\$10.00 per individual (up to 4)

Make checks payable to **Clinton Public Schools** Note - no refunds for rainout once the track meet has started

Trophy's awarded for each Boys & Girls Team Champions Medals will be awarded to the top 3 individual events & top 3 relays **Relay batons will be sent to the new record holders of each event. Only one baton for each relay, not four.** Records are listed on the last two pages below. Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay, unless you have paid for a B team. No points will be awarded for B teams.

9:30 am - Coaches Meeting in the Weight Room (located on the NW corner of the track)
10:00 am - Field events (Shot Put and Discus are located on the west side of the football game field)
10:30 am - Running events start

Lunch will be fed to the coaches & bus drivers All OSSAA Rules will apply Points will be awarded 10-8-6-4-2-1 and double for relays Only 1/4" or less spikes will be allowed on running or jumping surfaces Concession stand will be available Restrooms for coaches and athletes are located on the north side of the football gamefield (or west side of the weight room).

Please stay off of the football turfed gamefield.

Field events = three attempts in prelims, top 8 will advance to finals = three more attempts

All busses please park in the parking lot north of the track

Clinton High School 2130 Gary Blvd. Clinton, OK 73601

RUNNING EVENTS

400 METER RELAY

3200 METER RELAY

100 METER HURDLES

110 METER HURDLES

800 METER RELAY

800 METER RUN

100 METER DASH

400 METER DASH

300 METER HURDLES

200 METER DASH

1600 METER RUN

1600 METER RELAY

<u>FIELD EVENTS</u>

SHOT PUT	7 TH GIRLS, 8 th GIRLS, 7 TH BOYS, 8 TH BOYS
DISCUS	7 TH BOYS, 8 TH BOYS, 7 TH GIRLS, 8 TH GIRLS
LONG JUMP	7 TH BOYS, 8 TH BOYS, 7 TH GIRLS, 8 TH GIRLS
HIGH JUMP	7 TH GIRLS, 8 th GIRLS, 7 TH BOYS, 8 TH BOYS
POLE VAULT	ALL GIRLS, ALL BOYS



CLINTON INVITATIONAL RECORDS

<u>Girls</u>

<u>400 Relay</u> Weatherford	56.73	2018	<u>1600</u> Hoffman - Weatherford	5:55.81	2018
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<u>3200 Relay</u> Weatherford	11:30.69	2018	<u>1600 Relay</u> Weatherford	4:53.41	2018
100 Hurdles			<u>Shot Put</u>		
Merrick – Sayre	17.19	2018	Kern - Minco	29' 8"	2018
<u>800 Relay</u>			Discus		
Weatherford	2:03.75	2018	Meacham - Clinton	97' 4''	2019
800			High Jump		
Hoffman - Weatherford	2:35.59	2018	Lee - Weatherford	4' 6"	2018
100			Long Jump		
<u>100</u> Hayw <mark>orth - Hobart</mark>	12.48	2018	<u>Long Jump</u> Lee - Weatherford	15' 4"	2018
<u>400</u> Hoffman - Weatherford	1:07.18	2018	<u>Pole Vault</u>		
riomian - weatherfold	1.07.10	2010			
<u>300 Hurdles</u>					
Simmons - Hobart	56.52	2018			
200					
Hayworth - Hobart	29.94	2018			

<mark>Boys</mark>

<u>400 Relay</u>			<u>1600</u>		
Elk City	49.97	2018	Winters - Weatherford	5:21.45	2018
<u>3200 Relay</u>			<u>1600 Relay</u>		
<u>Norman Whittier</u>	10:09.80	2018	Weatherford	4:10.52	2018
<u>100 Hurdles</u>			<u>Shot Put</u>		
Scott – Merritt	16.48	2019	Koranda - Whittier	40' 1"	2018
<u>800 Relay</u>			Discus		
Weatherford	1:47.43	2018		113' 1"	2019
weatherford	1:47.43	2018	Wraspir - Clinton	113-1	2019
800_			<u>High Jump</u>		
Herndon - Merritt	2:22	2019	Moulton - Whittier	5' 3"	2018
<u>100</u>			Long Jump		
Thorp - Hydro	11.43	2018	Green - Hydro	17' 1"	2018
100					
<u>400</u>	50.02	204.0	<u>Pole Vault</u>		
Johnson - Weatherford	58.93	2018			
<u>300 Hurdles</u>					
Mayes - Sante Fe South	46.56	2018			
singes suitere south	10.00	2010			
<u>200</u>					
Thorp - Hydro	26.16	2018			