

Great Southwest Track and Field Technique Camp

Hello. This is our annual field event and hurdles technique camp for track athletes. Our clinicians have various state qualifiers and placers in the events offered, and we are happy to work with your athlete to give them the winning edge.

Clinicians: Travis Sims- Head Men's Track Coach; Hobart, OK- Shot and Discus

Courtney Peck- Pole Vault coach; Hinton, OK- Pole Vault

Kenda Reeves- Head Girl's Track Coach; Hobart, OK- High Jump

Patton Pugh- Head Coach; Sayre, OK- Long Jump

David Garmon- Head Men's Track Coach; Cordell, OK- Hurdles

Who: For next year's 7th-12th graders:

Hurdles: May 29th only 100s/110s- 8:00-10:00 300s- 10:00-12:00

All other events- May 28th- 29th 8:00-12:00

Where: Hobart High School Track.

What to bring: Your own throwing implement for throwers, pole if able for pole vault, spikes and training shoes for all other events, and your own water bottle.

Cost: Cost is \$45, \$25 for state placers in that event. No split cost for just one day. Checks payable to Travis Sims. Includes a T-shirt.

Call or text 918-681-0565 for any questions.