

# HK TRACK

## HENRYETTA JOHN 'JP' PHILIPPE INVITATIONAL

### HIGH SCHOOL MEET

DATE: MARCH 26<sup>th</sup> , 2021

MANDATORY COACHES MEETING 9:00 am

FIELD EVENTS 9:30 am

RUNNING EVENTS 10:00 am

Henryetta Public Schools would like to extend to you an invitation to participate in the High School Boys and Girls, Henryetta John 'JP' Philippe Track and Field Meet.

REGISTRATION: Online registration will be at OK MileSplit. The direct link to the registration page is <https://ok.milesplit.com/meets/406634>, click on the "Register Online Now" button to get started. Go to <https://support.milesplit.com/en/t/meet-registration> for step-by-step instructions to register your team. Be sure to print your confirmation page at the end of the process to ensure your team is registered for the meet.

You must have your team claim submitted by March 23, and the entry deadline is Wednesday March 24 at midnight. Any adjustments to entries after the deadline can be emailed to [josh@crossroadstiming.com](mailto:josh@crossroadstiming.com). Payment is not accepted online and must be sent by mail or at the meet.

ENTRY FEE: \$90.00 for each boys and \$90.00 for each girl's team. If a team is less than four it will be \$10.00 per individual. Payable to: Henryetta Public Schools

DIVISIONS: There will be two (2) divisions: 3A/Below Boys – 3A/Below Girls

Limitations: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Three (3) throws will be allowed in the shot and discus and three (3) jumps in the long jump.

Awards: Medals will be awarded up to five (5) places in individual events and only three (3) places will be awarded medals in relay events.

Trophies: Trophies will be awarded to both the girls and boys Champion and Runner-Up teams. A "Coaches Award" will be given to the winning coach for both boys and girls teams.

Team Points: Individual events – Awarded 1<sup>st</sup> through 6<sup>th</sup> places (10-8-6-4-2-1); Relays – Awarded 1<sup>st</sup> through 6<sup>th</sup> places (20-16-12-8-4-2).

CONCESSION STAND WILL BE AVAILABLE.

Tim Gillispie: MS Office: 918-652-6580 or cell 918-906-7783

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## ORDER OF EVENTS

### FIELD EVENTS – 9:30 AM

SHOT PUT	B-G
DISCUS	G-B
LONG JUMP	B-G
HIGH JUMP	G-B

### TIMED FINALS – 10:00 AM

400 RELAY	G-B
3200 RELAY	G-B
100 HURDLES	G
110 HURDLES	B
3200 RUN	B
800 RELAY	G-B
800 RUN	G-B
100 DASH	G-B

### \*\*BREAK – COACHES MEAL PROVIDED\*\*

3200 RUN	G
400 DASH	G-B
300 HURDLES	G-B
200 DASH	G-B
1600 RUN	G-B
1600 RELAY	G-B