

HK TRACK

Henryetta High School

Henryetta, OK

DEAR COACH(ES):

Henryetta High School will be holding our Annual Henryetta Black Gold Relays for both Middle School and High School on April 9TH 2021. 10 TEAM LIMIT. Please RSVP to Henryetta Public Schools by phone: 918-652-6571, ext. 7711, email: tgillispie@henryetta.k12.ok.us or fax: 918-652-6506 or mail: Henryetta Public Schools, 1800 Troy Aikman Drive, Henryetta, OK 74437, Attn: Tim Gillispie.

We will medal 1st, 2nd and 3rd in all events and award a championship trophy for the winning girl's and boy's team.

Divisions: 7th grade girls, 7th grade boys, 8th grade girls, 8th grade boys, HS girls, HS boys

Entry fees – Middle School are \$80.00 per team

Entry fees – High School are \$90.00 per team

Yes, we would like to attend _____

Boys Team _____ Girls Team _____

7th Boys Team _____ 7th Girls Team _____

8th Boys Team _____ 8th Girls Team _____

School _____ Phone _____

Coach(es) _____ Phone _____

Email for confirmation _____

Coach Gillispie, Head Track Coach (918) 906-7783

BLACK GOLD RELAYS

ORDER OF EVENTS

Mandatory Coaches Meeting – 9:00

Field Events – 9:30; Running Events 10:00

400 Meter Relay	7G-8G-HG-7B-8B-HB
3200 Meter Relay	7G-8G-HG-7B-8B-HB
Mid-Distance Medley	(400-200-600-800) 7G-8G-HG-7B-8B-HB
800 Meter Relay	7G-8G-HG-7B-8B-HB

BREAK

Sprint Medley	(200-200-400-800) 7G-8G-HG-7B-8B-HB
1500 Meter Run	7G-8G-HG-7B-8B-HB
1600 Meter Relay	7G-8G-HG-7B-8B-HB

FIELD EVENT ORDER

Shot Put	7G-8G-HG-7B-8B-HB
Discus	7B-8B-HB-7G-8G-HG
High Jump	7B-8B-HB-7G-8G-HG
Long Jump	7G-8G-HG-7B-8B-HB