

Lawton Public Schools would like to extend an invitation to the Lawton High School Invitational Track Meet on Friday April 23rd, 2021.

Coaches Meeting: 9:00 AM
Field Events: 9:30 AM
Running Events: 10:00 AM

Scoring: Individual Events 10, 8, 6, 4, 2, 1 and relays 20, 16, 12, 8, 4, 2

Awards: Team trophies for Boys and Girls Champion and Runner-Up.

Individual Medals for $1^{st} - 3^{rd}$. Relay Medals for $1^{st} - 3^{rd}$.

Entry Fee: \$80 per team/\$150 if you bring both boys and girls.

\$10 per individual entry if less than 4. JV is free if you bring your varsity. JV

teams must be listed as "B" teams.

Facilities: Concessions available. Hospitality and Lunch provided for coaches

Attention Coaches: ***All entries will be entered online, on the ENDURO USA website.

www.endurousa.com. This is a SEEDED ENTRY MEET, please read all the information below carefully. You must complete ALL the steps on our meet's "ENTRIES Window" – including the "VERIFICATION" step. If your team/school does not complete ALL STEPS – including the "VERIFICATION" step – then you have not completed the process to enter. Schools/Teams will NOT be entered manually by our timing crew at the meet.

Deadline for entry is Thursday, April 22nd at 6:00 pm. NO LATE ENTRIES WILL BE ACCEPTED

If you plan to attend this meet or if you have any questions please contact Ryan Breeze (580) 678-2575 rbreeze@lawtonps.org or Amber Bain (580) 741-0035 ajbain@lawtonps.org.

Please mail checks to: Lawton High School

Attn: Ryan Breeze 601 NW Fort Sill Blvd Lawton, OK 73507



9:00 AM Coaches Meeting

9:30 AM Field Events:

High Jump Boys/Girls
Long Jump Girls/Boys
Shot Put Girls/Boys
Discus Boys/Girls
Pole Vault Boys/Girls

10:00 AM Running Events

400 Meter Relay 3200 Meter Relay 100 Meter Hurdles 110 Meter Hurdles 3200 Meter Run 800 Meter Relay

Break

800 Meter Run
100 Meter Dash
400 Meter Run
300 Hurdles
200 Meter Dash
1600 Meter Run
Field Event Relay

1600 Meter Relay