

2021 KEN HOGAN INVITATIONAL  
Hosted By  
Moore Track / Westmoore Track / Southmoore Track

Let me take the time to invite you to the Ken Hogan Invitational meet to be held on Friday March 12<sup>th</sup>, 2021. This has been a great meet in the past and we look to continue its great tradition. Please consider attending our meet. **If you wish to attend you must email me at [stefanseifried@mooreschools.com](mailto:stefanseifried@mooreschools.com) to receive an invitation code to add meet to your schedule (Step #2) on trackroster.com. We will only allow 12 teams. This is a **SEEDED ENTRY MEET**, please read all the information below carefully.**

**IF YOU DO NOT ENTER CORRECTLY YOU WILL NOT COMPETE.**

**ATTENTION COACHES:** Schools planning to attend this meet must submit their entries on **TrackRoster** by completing Steps 1 - 5 for "Seeded Entries" meets. The entry deadline for this meet is Wednesday March 10<sup>th</sup>, 2021 at 6:00pm. This is a Seeded Entries meet. Log into your **TrackRoster** account at [www.trackroster.com](http://www.trackroster.com)

Entry Fee: \$100.00 per team or \$200.00 for both boys and girls.  
Make checks payable to Moore Public Schools and bring with you or send to

Moore Athletics  
1500 SE 4<sup>th</sup> Street  
Moore, Ok 73160

Event Entries will be limited to three individual and one relay team per school.

All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.

Busses need to park in the lot north of the track, by the baseball field.

Awards will be given to top three in each event along with a team champion and runner up.

Points will be awarded as follows. Individual 10 / 8 / 6 / 4 / 2 / 1  
Relays 20 / 16 / 12 / 8 / 4 / 2

OSSAA Rules Apply

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Coaches Meeting: 10:00am

Field Events: 10:30am

Running Events: 10:45am

Order of Events

Field

|            |              |
|------------|--------------|
| Long Jump  | Girls / Boys |
| High Jump  | Boys / Girls |
| Pole Vault | Boys / Girls |
| Shot       | Boys / Girls |
| Disc       | Girls / Boys |

Running

|                       |               |
|-----------------------|---------------|
| 400 Meter Relay       | Girls / Boys  |
| 3200 Meter Relay      | Boys / Girls  |
| 100/110 Hurdles       | Girls / Boys  |
| 3200 Meter Run        | Boys          |
| 800 Meter Relay       | Girls / Boys  |
| 800 Meter Run         | Girls / Boys  |
| 100 Meter Dash        | Girls / Boys  |
| 3200 Meter Run        | Girls         |
| 400 Meter Dash        | Girls / Boys  |
| 300 Meter Hurdles     | Girls / Boys  |
| 200 Meter Dash        | Girls / Boys  |
| 1600 Meter Run        | Girls / Boys  |
| Thrower Relay (4x100) | THROWERS ONLY |
| 1600 Meter Relay      | Girls / Boys  |