

# Norman Junior High Track & Field Classic

Norman High School 6 Norman, OK

Saturday, March 27, 2021

On behalf of the Norman Public Schools, we would like to extend an invitation to participate in our boys and girls track meet. The meet will be held on Saturday, March 27, 2021.

**IMPORTANT: you must e-mail to verify that you are coming and there is still room.**

This is a "Roster ENTRIES" meet. Please read all the information below carefully.

E-mail Coach Monnard to confirm entry and that there is still room:

smonnard@norman.k12.ok.us

**ATTENTION COACHES:** Schools planning to attend this meet must submit their entries on **[www.endurosa.com](http://www.endurosa.com)** by completing the necessary steps on the "Entry Window".

This is a "Roster Entries" meet. - Seed times/marks are NOT required on the Entry Window.

The entry deadline is **Thursday, March 25 by 7:00pm.**

\*\*\*\* NO LATE ENTRIES \*\*\*\*\* Schools will not be added at the meet. \*\*\*\*

If you need assistance with your ENDURO USA account contact

Kevin McWatters at: kevin@runenduro.com

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PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last minute changes that effect the meet. To find our meet's PREVIEW window, click on our meet in the "Student Meets and Events LIST" (on the right side of the window) after you log into your account.

9:15 Coaches meeting (in hospitality room)

10:00 Field events begin

10:15 Running events begin

General:

- There will be 4 divisions, boys and girls
- Limitations: 4 event limit per contestant; each school may enter 3 individuals per event
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled
- Participants must wear 1/4" or less spikes.
- Contestants will need to check-in at the heating benches
- Awards may be picked up at the press box following 1600-meter relay
- Trophies will be awarded to the top two teams
- Medals will be awarded to the top 3 places
- Shot/Disc/Long Jump will get 3 attempts in prelims; top 8 will get 3 more attempts in the finals
- \$70.00 for each boys and girls team. \$15 per individual if 5 or less team members

Entry Fee: \$70.00 per team. Make checks to: Alcott Middle School

**Mail payment to:** Alcott Middle School

Attn: Carla Greeson

1919 W. Boyd Street

Norman, Okla. 73069

(405) 366-5845

# **Norman Junior High Track and Field Classic**

Saturday, March 27, 2021

## **SCHEDULE OF EVENTS**

9:15 Coaches Meeting (in hospitality room)

10:00 Field Events

10:15 Running Events (timed finals)

### **Field Events 10:00**

High Jump	Girls-Boys
Long Jump	Boys-Girls
Discus	Girls-Boys
Shot	Boys-Girls
Pole Vault	Boys-Girls

### **Running Events 10:15**

4 x 100 Relay	Girls-Boys
4 x 800 Relay	Girls-Boys
100 Hurdles	Girls (33)
110 Hurdles	Boys (39)
3200 Run	Girls-Boys
4 x 200 Relay	Girls-Boys
800 Dash	Girls-Boys
100 Dash	Girls-Boys
400 Dash	Girls-Boys
300 Hurdles	Girls (30)
300 Hurdles	Boys (36)
200 Dash	Girls-Boys
1600 Run	Girls-Boys
4 x 400 Relay	Girls-Boys