

**Okeene Junior High Invitational  
Track Meet  
Monday April 5, 2021**

Okeene would like to invite you to attend our 9th annual Junior High Boys and Girls Track Meet. It will be held on Monday, April 5<sup>th</sup> . This meet will be open to schools in class 3A and down

**Divisions:** 7<sup>th</sup> & 8<sup>th</sup> boys and 7<sup>th</sup> & 8<sup>th</sup> girls.

**Time:** 10:00 A.M. Coaches Meeting  
10:30 A.M. Field Events begin  
11:00 A.M. Two Mile Relay  
11:30A.M. Running Events begin

**Limitations:** Each contestant is limited to four events, including relays. Each school is limited to three entrants in each event and one team in each relay.  
Three throws will be allowed in shot put and three attempts in the long jump. There will also be a boys and girls pole vault and high jump.

**Awards:** Medals will be given to the top five places in each event.

**Team Points:** 10-8-6-4-2-1, with double points on relays.

**Equipment:** We have a 6 lane Reslite Track and we request that only short (1/4) spikes or flat shoes are worn on this surface. Okeene will furnish starting blocks.

**Entry fee:** \$70 per team or \$140 for both boys and girls. Individual fees are \$12 per athlete up to 4 athletes.

- We will have a concession stand in operation throughout the meet for fans and participants. **We will also feed the Coaches.**
- If you wish to run a few B-team athletes or relays that is fine. There will be no extra charge for them. They will however **not** point or place. **Please limit this number.**
- If you have any questions please call Patrick Penner at Okeene High School  
(580-822-3219) Cell ó (405-323-8384)

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\_\_\_\_\_ will attend the Okeene JH Track Meet  
We will bring \_\_\_\_\_ JH Girls \_\_\_\_\_ JH Boys  
\_\_\_\_\_ Coaches Signature

**Okeene Junior High  
Invitational Track Meet  
April 5<sup>th</sup>, 2021**

**10:00 a.m. Coaches Meeting**

**10:30 p.m. Field Events:** Each contestant will awarded three (3) attempts in the long jump, shot put, and discus throw.

High Jump	JHB-JHG
Long Jump	JHG-JHB
Discus	JHG-JHB
Shot	JHB-JHG
Pole Vault	JHB-JHG

**11:00 p.m. 3200 Relay** JHG-JHB

**11:30 p.m. Timed Finals**

400 Relay	JHG-JHB
100 Hurdles	JHG
110 Hurdles	JHB
800 Relay	JHG-JHB
800 Run	JHG-JHB
100 Dash	JHG-JHB
400 Dash	JHG-JHB
300 Hurdles	JHG-JHB
200 Dash	JHG-JHB
1600 Run	JHG-JHB
1600 Relay	JHG-JHB