



OKLAHOMA VAULT CLUB

POLE VAULT SUMMER SESSION CLINICS

Monday and Thursdays June 7th-July 30

- 21 State Champions
- Pole Vault Training...
- Approach, Plant, Takeoff Drills
- Invert and Gymnastic Drills
- Speed Development
- Weight Training and Fitness
- Over 100 poles

Coach Wes Barnhart

Call or Text: (405) 702-3499

Registration \$20 (Includes T-shirt)

June / July Only: \$175

Both Months: \$300

Or \$50/Week

Scholarships/Team Discounts Available