

Oologah HS/MS Track Invitational

DATE: SATURDAY, MARCH 27th 2021
TIME: COACHES MEETING 9:00AM
FIELD EVENTS 9:30AM
RUNNING EVENTS 10:00AM
COST: \$80.00/TEAM \$480 FOR ALL SIX DIVISIONS
\$15.00/INDIVIDUAL

DIVISIONS: THERE WILL BE SIX DIVISIONS.

HS BOYS, HS GIRLS, 8thBOYS, 8th GIRLS, 7TH BOYS AND 7TH GIRLS
PARTICIPATION: EACH SCHOOL IS LIMITED TO THREE PARTICIPANTS PER EVENT.
PARTICIPANTS MAY ENTER NO MORE THAN FOUR EVENTS. STARTING BLOCKS
WILL BE PROVIDED AND SPIKES SHOULD BE ¼" OR SHORTER.
OSSAA RULES APPLY.

SEND ENTRY FEES TO: OOLOGAH-TALALA ATHLETICS
OOLOGAH HIGH SCHOOL
ATTN: BRADY DESPAIN, ATHLETIC DIRECTOR
10700 S. HWY 169
OOLOGAH, OK 74053

*****ALL PARTICIPANTS MUST BE REGISTERED ON ENDUROUSA.COM*****

LIMIT 15 TEAMS

AWARDS: MEDALS TO THE TOP 3 PERFORMERS IN EACH EVENT.
PLAQUES TO THE TOP 2 TEAMS IN EACH DIVISION

LOCATION: OOLOGAH HIGH SCHOOL (MUSTANG STADIUM)
10700 S. HWY 169, OOLOGAH, OK 74053

ATHLETIC DIRECTOR: BRADY DESPAIN

MEN'S TRACK COACH: SCOTT DOSS

PHONE: 918-260-3309

EMAIL: scott.doss@oologah.k12.ok.us

*Restrooms and Concessions will be available.

*There will be a Coaches Hospitality Room.

PLEASE EMAIL OR CALL BY MARCH 1ST TO LET ME KNOW IF YOU WILL BE ATTENDING.

ORDER OF EVENTS

Field Events

9:30 a.m. High Jump 7G-8G-HSG-7B-8B-HSB
Long Jump 7B-8B-HSB-7G-8G-HSG
Shot 8G-7G-HSB-8B-7B-HSG
Discus 8B-7B-8G-7G-HSG-HSB
Pole Vault 8B-8G-HSG-7B-7G-HSB

Timed Finals

10:00 a.m. 400 Relay 7G-8G-HSG-7B-8B-HSB
3200 Relay 7G-8G-HSG-7B-8B-HSB
100 Hurdles 7G-8G 30"
100 Hurdles HSG 33"
110 Hurdles 7B-8B 33"
110 Hurdles HSB 39"
3200 Run HSB
800 Run 7G-8G-HSG-7B-8B-HSB
800 Relay 7G-8G-HSG-7B-8B-HSB
100 Dash 7G-8G-HSG-7B-8B-HSB

Break

20 MINUTES IF NEEDED

3200 Run HSG
400 Dash 7G-8G-HSG-7B-8B-HSB
300 Hurdles 7G-8G-HSG-7B-8B-HSB
200 Dash 7G-8G-HSG-7B-8B-HSB
1600 Run 7G-8G-HSG-7B-8B-HSB
1600 Relay 7G-8G-HSG-7B-8B-HSB

***THANKS FOR YOUR PARTICIPATION AND
PLEASE CLEAN UP YOUR CAMP AREA.***